

Alcatraz Island, CA - Mar 1920

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:26	6.1	10:09	5.1	2:23	2.3	3:14	-0.5	6:41	6:03	
2	Tue	9:24	6.1	10:48	5.4	3:19	1.8	3:58	-0.5	6:39	6:04	
3	Wed	10:17	6.1	11:24	5.6	4:09	1.4	4:39	-0.4	6:38	6:05	
4	Thu	11:07	5.9	11:59	5.7	4:56	1.1	5:18	-0.1	6:36	6:06	
5	Fri	11:55	5.6			5:41	0.8	5:55	0.2	6:35	6:07	
6	Sat	12:32	5.7	12:42	5.3	6:25	0.6	6:31	0.7	6:33	6:08	
7	Sun	1:04	5.7	1:30	4.9	7:08	0.6	7:08	1.2	6:32	6:09	
8	Mon	1:36	5.6	2:20	4.5	7:52	0.6	7:45	1.7	6:31	6:10	
9	Tue	2:10	5.5	3:16	4.2	8:40	0.7	8:27	2.2	6:29	6:11	
10	Wed	2:47	5.3	4:24	3.9	9:33	0.8	9:17	2.6	6:28	6:12	
11	Thu	3:32	5.2	5:49	3.7	10:36	0.9	10:25	2.9	6:26	6:12	
12	Fri	4:26	5.0	7:14	3.8	11:45	0.9	11:48	3.0	6:25	6:13	
13	Sat	5:30	4.9	8:15	4.0			12:50	0.7	6:23	6:14	
14	Sun	6:36	4.9	8:56	4.3	1:01	2.9	1:45	0.6	6:22	6:15	
15	Mon	7:36	5.0	9:28	4.5	1:57	2.6	2:30	0.4	6:20	6:16	
16	Tue	8:30	5.2	9:57	4.7	2:43	2.3	3:08	0.2	6:19	6:17	
17	Wed	9:19	5.3	10:25	5.0	3:23	1.9	3:43	0.2	6:17	6:18	
18	Thu	10:06	5.4	10:54	5.2	4:00	1.4	4:17	0.2	6:16	6:19	
19	Fri	10:52	5.4	11:23	5.5	4:37	1.0	4:51	0.3	6:14	6:20	
20	Sat	11:39	5.4	11:55	5.8	5:15	0.6	5:25	0.6	6:12	6:21	
21	Sun			12:28	5.2	5:56	0.2	6:02	0.9	6:11	6:22	
22	Mon	12:29	5.9	1:20	5.0	6:40	-0.1	6:41	1.3	6:09	6:23	
23	Tue	1:06	6.1	2:17	4.7	7:29	-0.3	7:25	1.7	6:08	6:24	
24	Wed	1:48	6.1	3:22	4.4	8:22	-0.3	8:15	2.2	6:06	6:25	
25	Thu	2:36	5.9	4:36	4.2	9:24	-0.3	9:18	2.5	6:05	6:26	
26	Fri	3:35	5.7	5:55	4.3	10:33	-0.1	10:39	2.7	6:03	6:26	
27	Sat	4:44	5.5	7:08	4.5	11:48	-0.1			6:02	6:27	
28	Sun	6:00	5.4	8:06	4.8	12:07	2.5	12:56	-0.1	6:00	6:28	
29	Mon	7:14	5.3	8:53	5.1	1:22	2.2	1:55	-0.1	5:59	6:29	
30	Tue	8:21	5.3	9:34	5.3	2:23	1.7	2:46	0.0	5:57	6:30	
31	Wed	9:21	5.3	10:11	5.6	3:16	1.1	3:30	0.2	5:56	6:31	