

Alcatraz Island, CA - Dec 1922

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:12	5.9	10:41	4.5	2:54	2.1	4:00	0.2	7:06	4:51	
2	Sat	9:44	6.0	11:24	4.6	3:32	2.3	4:33	-0.1	7:07	4:51	
3	Sun	10:17	6.1			4:09	2.5	5:05	-0.4	7:08	4:50	
4	Mon	12:06	4.7	10:51 AM	6.2	4:47	2.6	5:39	-0.6	7:08	4:50	
5	Tue	12:48	4.8	11:28 AM	6.2	5:25	2.8	6:15	-0.7	7:09	4:50	
6	Wed	1:30	4.8	12:06	6.1	6:07	2.8	6:53	-0.7	7:10	4:50	
7	Thu	2:13	4.9	12:49	5.9	6:53	2.9	7:35	-0.7	7:11	4:50	
8	Fri	2:58	5.0	1:37	5.6	7:46	2.9	8:21	-0.5	7:12	4:50	
9	Sat	3:46	5.1	2:32	5.2	8:49	2.8	9:11	-0.2	7:13	4:50	
10	Sun	4:35	5.2	3:40	4.8	10:04	2.5	10:06	0.3	7:14	4:50	
11	Mon	5:25	5.4	5:00	4.4	11:22	2.1	11:05	0.7	7:14	4:50	
12	Tue	6:15	5.7	6:27	4.3			12:34	1.5	7:15	4:51	
13	Wed	7:03	6.1	7:51	4.3	12:06	1.1	1:37	0.8	7:16	4:51	
14	Thu	7:50	6.4	9:04	4.5	1:06	1.5	2:31	0.1	7:17	4:51	
15	Fri	8:35	6.7	10:07	4.8	2:02	1.8	3:21	-0.5	7:17	4:51	
16	Sat	9:20	6.8	11:03	5.0	2:56	2.1	4:08	-0.9	7:18	4:52	
17	Sun	10:04	6.9	11:54	5.1	3:48	2.3	4:53	-1.1	7:19	4:52	
18	Mon	10:48	6.8			4:39	2.4	5:37	-1.2	7:19	4:52	
19	Tue	12:43	5.2	11:32 AM	6.6	5:29	2.5	6:19	-1.1	7:20	4:53	
20	Wed	1:29	5.2	12:15	6.3	6:19	2.6	7:01	-0.9	7:20	4:53	
21	Thu	2:13	5.2	12:59	5.9	7:11	2.7	7:42	-0.5	7:21	4:54	
22	Fri	2:57	5.2	1:44	5.4	8:06	2.7	8:24	-0.1	7:22	4:54	
23	Sat	3:40	5.1	2:33	4.9	9:07	2.7	9:08	0.3	7:22	4:55	
24	Sun	4:23	5.1	3:30	4.3	10:14	2.6	9:54	0.8	7:22	4:55	
25	Mon	5:07	5.2	4:40	3.9	11:25	2.3	10:45	1.3	7:23	4:56	
26	Tue	5:50	5.3	6:03	3.7			12:31	1.9	7:23	4:56	
27	Wed	6:32	5.4	7:29	3.7			1:28	1.5	7:24	4:57	
28	Thu	7:13	5.6	8:42	3.8	12:35	2.1	2:16	1.0	7:24	4:58	
29	Fri	7:52	5.8	9:40	4.1	1:28	2.4	2:57	0.6	7:24	4:58	
30	Sat	8:31	6.0	10:28	4.3	2:17	2.6	3:34	0.1	7:24	4:59	
31	Sun	9:10	6.2	11:10	4.6	3:02	2.7	4:10	-0.2	7:25	5:00	