

Alcatraz Island, CA - Mar 1923

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:57	6.2	11:21	5.3	3:50	1.9	4:30	-0.7	6:42	6:02	
2	Fri	10:47	6.3	11:56	5.5	4:36	1.5	5:10	-0.7	6:40	6:03	
3	Sat	11:37	6.2			5:22	1.1	5:50	-0.5	6:39	6:04	
4	Sun	12:33	5.8	12:29	6.0	6:10	0.7	6:32	-0.1	6:37	6:05	
5	Mon	1:11	6.0	1:24	5.6	7:02	0.4	7:15	0.4	6:36	6:06	
6	Tue	1:52	6.1	2:24	5.1	7:56	0.3	8:01	1.0	6:35	6:07	
7	Wed	2:37	6.1	3:32	4.6	8:57	0.2	8:53	1.6	6:33	6:08	
8	Thu	3:27	6.0	4:51	4.3	10:05	0.3	9:57	2.1	6:32	6:09	
9	Fri	4:24	5.8	6:20	4.2	11:19	0.2	11:15	2.5	6:30	6:10	
10	Sat	5:29	5.6	7:41	4.4			12:34	0.2	6:29	6:11	
11	Sun	6:38	5.6	8:44	4.7	12:37	2.6	1:40	0.0	6:27	6:12	
12	Mon	7:43	5.6	9:33	4.9	1:48	2.4	2:35	-0.1	6:26	6:13	
13	Tue	8:41	5.6	10:14	5.1	2:46	2.2	3:21	-0.1	6:24	6:14	
14	Wed	9:32	5.6	10:49	5.2	3:34	1.9	4:01	-0.1	6:23	6:15	
15	Thu	10:17	5.5	11:20	5.2	4:17	1.6	4:37	0.1	6:21	6:16	
16	Fri	10:59	5.4	11:48	5.2	4:55	1.4	5:09	0.3	6:20	6:17	
17	Sat	11:39	5.2			5:30	1.2	5:40	0.5	6:18	6:17	
18	Sun	12:13	5.2	12:18	5.0	6:04	1.0	6:10	0.8	6:17	6:18	
19	Mon	12:38	5.3	12:57	4.8	6:37	0.9	6:40	1.1	6:15	6:19	
20	Tue	1:04	5.3	1:39	4.5	7:12	0.8	7:12	1.5	6:14	6:20	
21	Wed	1:33	5.3	2:25	4.3	7:50	0.8	7:46	1.9	6:12	6:21	
22	Thu	2:05	5.2	3:19	4.0	8:33	0.7	8:25	2.3	6:11	6:22	
23	Fri	2:43	5.1	4:27	3.8	9:24	0.8	9:15	2.6	6:09	6:23	
24	Sat	3:30	5.0	5:48	3.8	10:25	0.7	10:25	2.9	6:07	6:24	
25	Sun	4:28	4.9	7:05	4.0	11:33	0.6	11:47	2.9	6:06	6:25	
26	Mon	5:36	5.0	8:03	4.2			12:39	0.4	6:04	6:26	
27	Tue	6:44	5.1	8:47	4.5	12:59	2.7	1:36	0.1	6:03	6:27	
28	Wed	7:49	5.3	9:26	4.9	1:57	2.3	2:27	-0.1	6:01	6:28	
29	Thu	8:48	5.5	10:02	5.2	2:47	1.7	3:12	-0.3	6:00	6:29	
30	Fri	9:45	5.7	10:38	5.6	3:34	1.2	3:56	-0.3	5:58	6:29	
31	Sat	10:39	5.8	11:15	5.9	4:20	0.6	4:38	-0.1	5:57	6:30	