

Alcatraz Island, CA - Nov 1923

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:59	4.6	4:32	4.7	11:13	3.1	11:21	0.6	6:34	5:12	
2	Fri	6:51	4.8	5:48	4.7			12:24	2.7	6:35	5:11	
3	Sat	7:34	5.1	7:01	4.8	12:21	0.6	1:21	2.1	6:36	5:10	
4	Sun	8:13	5.5	8:09	4.9	1:16	0.6	2:10	1.5	6:37	5:08	
5	Mon	8:51	5.8	9:12	5.1	2:05	0.7	2:56	0.7	6:38	5:07	
6	Tue	9:28	6.2	10:11	5.3	2:52	0.9	3:42	0.0	6:39	5:06	
7	Wed	10:06	6.5	11:08	5.4	3:38	1.1	4:28	-0.6	6:40	5:05	
8	Thu	10:46	6.7			4:24	1.4	5:15	-1.0	6:41	5:05	
9	Fri	12:05	5.4	11:29 AM	6.8	5:11	1.7	6:03	-1.2	6:42	5:04	
10	Sat	1:01	5.4	12:14	6.8	6:00	2.1	6:54	-1.2	6:44	5:03	
11	Sun	1:59	5.3	1:02	6.5	6:53	2.4	7:46	-1.0	6:45	5:02	
12	Mon	2:59	5.2	1:54	6.1	7:54	2.7	8:42	-0.7	6:46	5:01	
13	Tue	4:01	5.1	2:53	5.6	9:06	2.8	9:42	-0.3	6:47	5:00	
14	Wed	5:05	5.1	3:59	5.1	10:28	2.8	10:45	0.1	6:48	4:59	
15	Thu	6:06	5.2	5:14	4.7	11:49	2.5	11:48	0.5	6:49	4:59	
16	Fri	7:00	5.4	6:32	4.5			12:59	2.1	6:50	4:58	
17	Sat	7:46	5.5	7:45	4.4	12:46	0.8	1:57	1.6	6:51	4:57	
18	Sun	8:25	5.7	8:49	4.5	1:37	1.1	2:45	1.1	6:52	4:57	
19	Mon	8:59	5.8	9:44	4.5	2:22	1.4	3:26	0.7	6:53	4:56	
20	Tue	9:29	5.9	10:33	4.6	3:03	1.7	4:03	0.4	6:54	4:55	
21	Wed	9:57	5.9	11:18	4.7	3:41	1.9	4:37	0.1	6:55	4:55	
22	Thu	10:25	5.9			4:16	2.2	5:08	-0.1	6:56	4:54	
23	Fri	12:00	4.7	10:54 AM	5.9	4:51	2.5	5:39	-0.2	6:57	4:54	
24	Sat	12:41	4.7	11:25 AM	5.9	5:26	2.7	6:11	-0.3	6:58	4:53	
25	Sun	1:22	4.7	11:57 AM	5.8	6:01	2.8	6:45	-0.3	6:59	4:53	
26	Mon	2:03	4.7	12:32	5.7	6:40	3.0	7:21	-0.3	7:00	4:52	
27	Tue	2:47	4.7	1:11	5.5	7:24	3.1	8:02	-0.2	7:01	4:52	
28	Wed	3:33	4.7	1:56	5.2	8:16	3.2	8:47	0.0	7:02	4:52	
29	Thu	4:22	4.7	2:50	4.9	9:21	3.1	9:38	0.2	7:03	4:51	
30	Fri	5:12	4.9	3:57	4.6	10:37	2.9	10:34	0.4	7:04	4:51	