

Alcatraz Island, CA - Mar 1926

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:01	5.0	12:31	5.2	6:29	1.7	6:43	0.4	6:41	6:02	
2	Tue	1:27	5.1	1:11	4.9	7:06	1.5	7:13	0.8	6:40	6:03	
3	Wed	1:55	5.2	1:56	4.6	7:46	1.3	7:45	1.2	6:38	6:04	
4	Thu	2:25	5.3	2:50	4.2	8:33	1.1	8:21	1.7	6:37	6:05	
5	Fri	3:01	5.3	4:01	3.9	9:28	1.0	9:05	2.2	6:36	6:06	
6	Sat	3:44	5.4	5:34	3.7	10:33	0.8	10:04	2.7	6:34	6:07	
7	Sun	4:38	5.4	7:12	3.9	11:46	0.5	11:24	3.0	6:33	6:08	
8	Mon	5:43	5.5	8:26	4.2			12:57	0.1	6:31	6:09	
9	Tue	6:52	5.7	9:19	4.5	12:47	3.0	1:59	-0.4	6:30	6:10	
10	Wed	7:57	6.0	10:02	4.9	1:56	2.7	2:53	-0.7	6:28	6:11	
11	Thu	8:58	6.2	10:41	5.1	2:55	2.3	3:42	-1.0	6:27	6:12	
12	Fri	9:55	6.4	11:18	5.4	3:47	1.8	4:28	-1.0	6:25	6:13	
13	Sat	10:49	6.4	11:55	5.6	4:38	1.3	5:11	-0.8	6:24	6:14	
14	Sun	11:43	6.2			5:27	0.9	5:53	-0.5	6:22	6:15	
15	Mon	12:31	5.8	12:37	5.8	6:17	0.5	6:34	0.0	6:21	6:16	
16	Tue	1:08	5.9	1:32	5.4	7:08	0.3	7:16	0.7	6:19	6:17	
17	Wed	1:46	5.9	2:32	4.9	8:01	0.2	8:01	1.3	6:18	6:18	
18	Thu	2:26	5.8	3:39	4.4	8:57	0.2	8:51	2.0	6:16	6:19	
19	Fri	3:09	5.6	5:00	4.1	10:00	0.3	9:52	2.6	6:15	6:20	
20	Sat	3:59	5.3	6:31	4.1	11:09	0.4	11:11	2.9	6:13	6:20	
21	Sun	4:58	5.1	7:50	4.3			12:20	0.4	6:12	6:21	
22	Mon	6:05	5.0	8:47	4.5	12:33	3.0	1:25	0.4	6:10	6:22	
23	Tue	7:11	4.9	9:29	4.7	1:40	2.8	2:19	0.3	6:09	6:23	
24	Wed	8:09	5.0	10:04	4.8	2:33	2.5	3:03	0.2	6:07	6:24	
25	Thu	8:59	5.1	10:32	4.8	3:17	2.2	3:40	0.1	6:06	6:25	
26	Fri	9:44	5.2	10:58	4.9	3:55	1.9	4:13	0.2	6:04	6:26	
27	Sat	10:25	5.2	11:22	5.0	4:29	1.6	4:43	0.3	6:02	6:27	
28	Sun	11:06	5.1	11:46	5.2	5:02	1.3	5:11	0.5	6:01	6:28	
29	Mon	11:46	5.0			5:34	1.0	5:39	0.7	5:59	6:29	
30	Tue	12:11	5.3	12:28	4.9	6:07	0.7	6:08	1.0	5:58	6:30	
31	Wed	12:37	5.4	1:12	4.7	6:43	0.4	6:40	1.4	5:56	6:31	