

Alcatraz Island, CA - Mar 1928

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:06	5.9	9:41	4.7	1:07	3.1	2:27	-0.4	6:40	6:03	
2	Fri	8:10	6.0	10:25	5.0	2:17	2.9	3:19	-0.6	6:39	6:04	
3	Sat	9:07	6.0	11:03	5.1	3:14	2.6	4:04	-0.6	6:38	6:05	
4	Sun	9:58	6.0	11:38	5.2	4:03	2.3	4:43	-0.6	6:36	6:06	
5	Mon	10:44	5.9			4:47	2.0	5:18	-0.4	6:35	6:07	
6	Tue	12:08	5.2	11:27 AM	5.7	5:28	1.7	5:51	-0.1	6:33	6:08	
7	Wed	12:36	5.2	12:09	5.4	6:07	1.5	6:21	0.2	6:32	6:09	
8	Thu	1:02	5.2	12:50	5.0	6:44	1.3	6:51	0.7	6:30	6:10	
9	Fri	1:27	5.2	1:33	4.6	7:23	1.1	7:20	1.2	6:29	6:11	
10	Sat	1:51	5.2	2:20	4.3	8:04	1.0	7:51	1.8	6:27	6:12	
11	Sun	2:18	5.2	3:18	3.9	8:49	1.0	8:24	2.3	6:26	6:13	
12	Mon	2:50	5.2	4:34	3.6	9:41	0.9	9:05	2.8	6:25	6:13	
13	Tue	3:31	5.1	6:20	3.6	10:45	0.9	10:08	3.2	6:23	6:14	
14	Wed	4:24	5.0	7:59	3.8	11:55	0.7	11:45	3.4	6:21	6:15	
15	Thu	5:29	5.0	8:53	4.1			1:02	0.5	6:20	6:16	
16	Fri	6:38	5.1	9:29	4.3	1:07	3.3	1:58	0.1	6:18	6:17	
17	Sat	7:40	5.3	9:59	4.5	2:04	3.1	2:45	-0.2	6:17	6:18	
18	Sun	8:37	5.6	10:28	4.8	2:50	2.7	3:27	-0.5	6:15	6:19	
19	Mon	9:29	5.8	10:57	5.0	3:32	2.2	4:06	-0.6	6:14	6:20	
20	Tue	10:19	5.9	11:27	5.3	4:13	1.6	4:43	-0.6	6:12	6:21	
21	Wed	11:10	5.9	11:58	5.6	4:56	1.1	5:21	-0.3	6:11	6:22	
22	Thu			12:03	5.7	5:41	0.5	5:58	0.1	6:09	6:23	
23	Fri	12:30	5.9	12:58	5.4	6:29	0.1	6:38	0.7	6:08	6:24	
24	Sat	1:05	6.1	1:58	5.0	7:20	-0.3	7:19	1.3	6:06	6:25	
25	Sun	1:43	6.1	3:06	4.6	8:15	-0.4	8:05	2.0	6:05	6:26	
26	Mon	2:27	6.1	4:26	4.3	9:17	-0.4	9:02	2.6	6:03	6:27	
27	Tue	3:18	5.9	5:57	4.2	10:28	-0.3	10:19	3.0	6:02	6:27	
28	Wed	4:22	5.6	7:22	4.4	11:45	-0.2	11:54	3.1	6:00	6:28	
29	Thu	5:36	5.4	8:25	4.7			12:59	-0.2	5:59	6:29	
30	Fri	6:52	5.3	9:12	4.9	1:16	2.9	2:01	-0.3	5:57	6:30	
31	Sat	8:01	5.3	9:52	5.1	2:20	2.4	2:52	-0.3	5:56	6:31	