

Alcatraz Island, CA - Dec 1928

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:41	5.1	2:02	6.1	8:16	3.2	9:08	-0.8	7:06	4:51	
2	Sun	4:40	5.1	3:05	5.5	9:36	3.1	10:08	-0.4	7:07	4:50	
3	Mon	5:37	5.2	4:18	4.9	11:01	2.9	11:08	0.1	7:08	4:50	
4	Tue	6:29	5.4	5:39	4.4			12:19	2.4	7:09	4:50	
5	Wed	7:14	5.6	7:02	4.2	12:06	0.6	1:25	1.8	7:10	4:50	
6	Thu	7:53	5.7	8:19	4.1	12:58	1.1	2:20	1.2	7:11	4:50	
7	Fri	8:28	5.9	9:26	4.2	1:46	1.5	3:05	0.6	7:12	4:50	
8	Sat	8:58	6.0	10:24	4.3	2:30	2.0	3:45	0.2	7:12	4:50	
9	Sun	9:27	6.1	11:15	4.5	3:10	2.4	4:21	-0.1	7:13	4:50	
10	Mon	9:55	6.1			3:49	2.7	4:54	-0.3	7:14	4:50	
11	Tue	12:02	4.6	10:24 AM	6.1	4:26	3.0	5:26	-0.5	7:15	4:51	
12	Wed	12:44	4.6	10:55 AM	6.1	5:02	3.2	5:59	-0.5	7:16	4:51	
13	Thu	1:24	4.6	11:28 AM	6.0	5:38	3.4	6:33	-0.6	7:16	4:51	
14	Fri	2:03	4.6	12:03	5.9	6:15	3.5	7:08	-0.5	7:17	4:51	
15	Sat	2:43	4.6	12:41	5.7	6:56	3.5	7:47	-0.5	7:18	4:51	
16	Sun	3:24	4.6	1:22	5.4	7:43	3.5	8:28	-0.3	7:18	4:52	
17	Mon	4:05	4.7	2:10	5.1	8:42	3.4	9:12	-0.1	7:19	4:52	
18	Tue	4:47	4.8	3:08	4.7	9:53	3.2	10:01	0.2	7:20	4:52	
19	Wed	5:28	5.0	4:21	4.3	11:10	2.8	10:52	0.6	7:20	4:53	
20	Thu	6:08	5.3	5:49	4.0			12:19	2.1	7:21	4:53	
21	Fri	6:47	5.7	7:20	4.0			1:19	1.3	7:21	4:54	
22	Sat	7:26	6.1	8:42	4.2	12:40	1.5	2:11	0.5	7:22	4:54	
23	Sun	8:06	6.5	9:53	4.5	1:34	2.0	3:01	-0.4	7:22	4:55	
24	Mon	8:49	6.9	10:54	4.8	2:27	2.4	3:49	-1.0	7:23	4:55	
25	Tue	9:34	7.1	11:50	5.0	3:19	2.7	4:37	-1.5	7:23	4:56	
26	Wed	10:21	7.3			4:12	2.9	5:25	-1.8	7:23	4:57	
27	Thu	12:42	5.1	11:10 AM	7.2	5:05	2.9	6:14	-1.8	7:24	4:57	
28	Fri	1:32	5.2	12:01	7.0	6:00	3.0	7:02	-1.6	7:24	4:58	
29	Sat	2:20	5.2	12:53	6.5	6:59	2.9	7:51	-1.2	7:24	4:59	
30	Sun	3:09	5.2	1:47	6.0	8:02	2.8	8:39	-0.7	7:25	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	3:57	5.3	2:45	5.3	9:12	2.7	9:28	-0.1	7:25	5:00	