

Alcatraz Island, CA - Jan 1929

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:43	5.4	3:52	4.6	10:30	2.4	10:18	0.6	7:25	5:01	
2	Wed	5:29	5.5	5:13	4.0	11:45	2.0	11:10	1.2	7:25	5:02	
3	Thu	6:12	5.6	6:47	3.7			12:53	1.5	7:25	5:03	
4	Fri	6:53	5.7	8:19	3.8	12:04	1.9	1:52	0.9	7:25	5:03	
5	Sat	7:32	5.9	9:33	4.0	12:59	2.4	2:41	0.5	7:25	5:04	
6	Sun	8:09	6.0	10:30	4.3	1:52	2.8	3:23	0.1	7:25	5:05	
7	Mon	8:45	6.0	11:16	4.5	2:42	3.1	4:01	-0.2	7:25	5:06	
8	Tue	9:22	6.1	11:56	4.6	3:27	3.3	4:36	-0.4	7:25	5:07	
9	Wed	9:58	6.2			4:08	3.3	5:10	-0.5	7:25	5:08	
10	Thu	12:30	4.7	10:35 AM	6.2	4:46	3.3	5:43	-0.6	7:25	5:09	
11	Fri	1:03	4.7	11:12 AM	6.1	5:22	3.3	6:15	-0.7	7:25	5:10	
12	Sat	1:34	4.7	11:50 AM	6.0	5:58	3.2	6:48	-0.7	7:24	5:11	
13	Sun	2:05	4.8	12:28	5.9	6:37	3.1	7:22	-0.6	7:24	5:12	
14	Mon	2:37	4.8	1:08	5.5	7:21	2.9	7:57	-0.4	7:24	5:13	
15	Tue	3:10	4.9	1:54	5.1	8:12	2.7	8:34	0.0	7:24	5:14	
16	Wed	3:44	5.1	2:51	4.6	9:13	2.5	9:14	0.6	7:23	5:15	
17	Thu	4:21	5.3	4:04	4.1	10:22	2.0	10:00	1.2	7:23	5:16	
18	Fri	5:01	5.6	5:42	3.8	11:36	1.5	10:53	1.9	7:23	5:17	
19	Sat	5:46	5.9	7:29	3.8			12:47	0.8	7:22	5:18	
20	Sun	6:35	6.2	8:58	4.1			1:49	0.0	7:22	5:19	
21	Mon	7:28	6.5	10:04	4.5	1:03	2.9	2:46	-0.6	7:21	5:20	
22	Tue	8:23	6.8	10:58	4.8	2:09	3.1	3:39	-1.1	7:21	5:21	
23	Wed	9:17	7.0	11:44	5.0	3:10	3.1	4:28	-1.4	7:20	5:22	
24	Thu	10:11	7.1			4:07	3.0	5:15	-1.6	7:19	5:24	
25	Fri	12:27	5.2	11:03 AM	7.0	5:01	2.7	6:00	-1.5	7:19	5:25	
26	Sat	1:07	5.3	11:53 AM	6.7	5:54	2.5	6:43	-1.2	7:18	5:26	
27	Sun	1:47	5.4	12:43	6.2	6:48	2.3	7:24	-0.8	7:17	5:27	
28	Mon	2:25	5.4	1:34	5.6	7:43	2.1	8:04	-0.2	7:17	5:28	
29	Tue	3:03	5.4	2:27	5.0	8:42	1.9	8:44	0.5	7:16	5:29	
30	Wed	3:42	5.5	3:30	4.3	9:45	1.8	9:26	1.2	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	4:21	5.5	4:49	3.8	10:54	1.6	10:13	1.9	7:14	5:31	