

Alcatraz Island, CA - Mar 1929

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:10	5.4	4:33	3.7	9:56	1.0	9:22	2.6	6:41	6:02	
2	Sat	3:49	5.3	6:21	3.6	11:02	0.9	10:24	3.1	6:39	6:03	
3	Sun	4:37	5.1	8:07	3.8			12:12	0.8	6:38	6:04	
4	Mon	5:37	5.1	9:08	4.1			1:18	0.6	6:37	6:05	
5	Tue	6:41	5.1	9:48	4.3	1:14	3.4	2:14	0.3	6:35	6:06	
6	Wed	7:42	5.3	10:18	4.5	2:13	3.2	3:00	0.1	6:34	6:07	
7	Thu	8:34	5.5	10:45	4.6	2:59	2.9	3:39	-0.2	6:32	6:08	
8	Fri	9:21	5.6	11:10	4.7	3:37	2.6	4:13	-0.3	6:31	6:09	
9	Sat	10:05	5.7	11:35	4.9	4:13	2.3	4:45	-0.4	6:29	6:10	
10	Sun	10:48	5.7			4:47	1.9	5:15	-0.3	6:28	6:11	
11	Mon	12:00	5.1	11:31 AM	5.6	5:24	1.5	5:46	-0.1	6:26	6:12	
12	Tue	12:26	5.3	12:17	5.4	6:03	1.1	6:18	0.3	6:25	6:13	
13	Wed	12:54	5.5	1:07	5.1	6:45	0.7	6:52	0.8	6:23	6:14	
14	Thu	1:23	5.7	2:03	4.7	7:32	0.4	7:28	1.4	6:22	6:15	
15	Fri	1:57	5.9	3:10	4.3	8:25	0.2	8:09	2.1	6:20	6:16	
16	Sat	2:37	5.9	4:34	4.0	9:27	0.0	9:00	2.7	6:19	6:17	
17	Sun	3:26	5.8	6:15	3.9	10:38	0.0	10:12	3.1	6:17	6:18	
18	Mon	4:28	5.7	7:44	4.2	11:58	-0.2	11:47	3.3	6:16	6:19	
19	Tue	5:44	5.7	8:45	4.5			1:12	-0.4	6:14	6:20	
20	Wed	7:00	5.7	9:30	4.8	1:14	3.1	2:15	-0.6	6:13	6:21	
21	Thu	8:09	5.8	10:09	5.0	2:21	2.6	3:07	-0.7	6:11	6:22	
22	Fri	9:10	5.8	10:44	5.3	3:16	2.1	3:51	-0.6	6:10	6:23	
23	Sat	10:05	5.8	11:16	5.4	4:05	1.6	4:31	-0.4	6:08	6:24	
24	Sun	10:56	5.6	11:46	5.5	4:50	1.1	5:07	-0.1	6:07	6:24	
25	Mon	11:44	5.3			5:32	0.7	5:41	0.4	6:05	6:25	
26	Tue	12:15	5.6	12:32	5.0	6:13	0.5	6:14	0.9	6:04	6:26	
27	Wed	12:42	5.6	1:21	4.7	6:54	0.3	6:47	1.5	6:02	6:27	
28	Thu	1:08	5.6	2:13	4.4	7:35	0.2	7:21	2.0	6:01	6:28	
29	Fri	1:36	5.5	3:12	4.1	8:18	0.2	7:58	2.6	5:59	6:29	
30	Sat	2:07	5.3	4:25	3.8	9:06	0.3	8:42	3.0	5:57	6:30	
31	Sun	2:45	5.1	5:59	3.8	10:03	0.5	9:51	3.4	5:56	6:31	