

Alcatraz Island, CA - Mar 1930

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:34	5.0	11:57 AM	5.4	5:57	1.8	6:15	0.2	6:41	6:02	●
2	Sun	12:57	5.1	12:37	5.1	6:32	1.5	6:42	0.5	6:40	6:03	●
3	Mon	1:21	5.3	1:21	4.8	7:10	1.2	7:10	1.0	6:38	6:04	●
4	Tue	1:46	5.4	2:13	4.4	7:53	1.0	7:42	1.6	6:37	6:05	◐
5	Wed	2:16	5.6	3:17	4.0	8:43	0.8	8:17	2.2	6:36	6:06	◐
6	Thu	2:51	5.6	4:46	3.7	9:43	0.6	9:02	2.8	6:34	6:07	◐
7	Fri	3:37	5.6	6:38	3.7	10:54	0.4	10:09	3.2	6:33	6:08	◐
8	Sat	4:38	5.7	8:10	4.0			12:12	0.1	6:31	6:09	◐
9	Sun	5:51	5.7	9:06	4.3			1:25	-0.3	6:30	6:10	◐
10	Mon	7:06	5.9	9:47	4.6	1:12	3.3	2:25	-0.7	6:28	6:11	◐
11	Tue	8:14	6.1	10:24	4.9	2:19	2.8	3:17	-0.9	6:27	6:12	◐
12	Wed	9:15	6.3	10:58	5.2	3:16	2.3	4:03	-1.0	6:25	6:13	◐
13	Thu	10:12	6.3	11:32	5.5	4:07	1.7	4:45	-0.9	6:24	6:14	◐
14	Fri	11:06	6.1			4:57	1.1	5:24	-0.5	6:22	6:15	◐
15	Sat	12:05	5.7	11:59 AM	5.8	5:45	0.7	6:02	0.0	6:21	6:16	◐
16	Sun	12:37	5.9	12:53	5.3	6:34	0.3	6:39	0.6	6:19	6:17	◐
17	Mon	1:10	5.9	1:49	4.9	7:23	0.1	7:17	1.3	6:18	6:18	◐
18	Tue	1:43	5.9	2:51	4.4	8:13	0.1	7:57	2.0	6:16	6:19	◐
19	Wed	2:19	5.8	4:05	4.1	9:07	0.1	8:44	2.7	6:15	6:20	◐
20	Thu	2:58	5.5	5:39	3.9	10:09	0.3	9:48	3.2	6:13	6:21	◐
21	Fri	3:47	5.2	7:18	4.0	11:19	0.4	11:20	3.4	6:12	6:21	◐
22	Sat	4:49	5.0	8:26	4.2			12:31	0.4	6:10	6:22	◐
23	Sun	6:02	4.9	9:10	4.4	12:48	3.3	1:34	0.3	6:09	6:23	◐
24	Mon	7:11	4.9	9:43	4.5	1:52	3.1	2:26	0.2	6:07	6:24	◐
25	Tue	8:10	5.0	10:10	4.6	2:40	2.7	3:07	0.1	6:05	6:25	◐
26	Wed	9:00	5.1	10:33	4.7	3:21	2.3	3:42	0.1	6:04	6:26	◐
27	Thu	9:45	5.1	10:55	4.9	3:57	1.9	4:13	0.1	6:02	6:27	◐
28	Fri	10:28	5.1	11:16	5.1	4:30	1.5	4:41	0.3	6:01	6:28	◐
29	Sat	11:10	5.0	11:39	5.3	5:02	1.1	5:08	0.5	5:59	6:29	◐
30	Sun	11:54	4.9			5:35	0.7	5:36	0.9	5:58	6:30	●
31	Mon	12:02	5.5	12:40	4.7	6:10	0.4	6:05	1.4	5:56	6:31	●