

Alcatraz Island, CA - May 1930

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:19	6.1	2:44	4.4	7:17	-1.1	6:56	3.0	5:14	6:59	
2	Fri	1:01	6.0	3:49	4.3	8:09	-1.1	7:50	3.2	5:12	7:00	
3	Sat	1:51	5.8	4:59	4.3	9:07	-0.9	9:02	3.4	5:11	7:01	
4	Sun	2:51	5.5	6:05	4.4	10:13	-0.8	10:34	3.2	5:10	7:02	
5	Mon	4:05	5.2	6:59	4.7	11:21	-0.6			5:09	7:03	
6	Tue	5:27	4.9	7:44	5.0	12:04	2.8	12:24	-0.4	5:08	7:04	
7	Wed	6:49	4.7	8:23	5.3	1:16	2.1	1:19	-0.1	5:07	7:04	
8	Thu	8:05	4.6	8:58	5.7	2:16	1.3	2:08	0.3	5:06	7:05	
9	Fri	9:14	4.6	9:32	6.0	3:07	0.6	2:52	0.7	5:05	7:06	
10	Sat	10:17	4.6	10:04	6.1	3:54	-0.1	3:34	1.2	5:04	7:07	
11	Sun	11:16	4.6	10:36	6.2	4:38	-0.6	4:15	1.7	5:03	7:08	
12	Mon			12:12	4.6	5:19	-0.9	4:55	2.2	5:02	7:09	
13	Tue			1:06	4.5	5:59	-1.0	5:37	2.6	5:01	7:10	
14	Wed			2:00	4.5	6:39	-1.0	6:20	3.0	5:00	7:11	
15	Thu	12:14	5.9	2:53	4.4	7:20	-0.9	7:06	3.2	4:59	7:12	
16	Fri	12:50	5.6	3:49	4.3	8:03	-0.7	8:00	3.4	4:58	7:12	
17	Sat	1:31	5.3	4:46	4.3	8:50	-0.4	9:06	3.5	4:58	7:13	
18	Sun	2:19	4.9	5:41	4.3	9:42	-0.1	10:26	3.4	4:57	7:14	
19	Mon	3:15	4.6	6:27	4.4	10:36	0.1	11:43	3.1	4:56	7:15	
20	Tue	4:22	4.2	7:04	4.5	11:30	0.3			4:55	7:16	
21	Wed	5:37	4.0	7:35	4.8	12:47	2.6	12:20	0.6	4:55	7:17	
22	Thu	6:53	3.8	8:02	5.0	1:38	2.1	1:05	0.8	4:54	7:17	
23	Fri	8:04	3.8	8:28	5.3	2:22	1.5	1:46	1.2	4:53	7:18	
24	Sat	9:10	3.9	8:56	5.6	3:01	0.8	2:24	1.5	4:53	7:19	
25	Sun	10:10	4.1	9:25	5.9	3:37	0.2	3:03	1.9	4:52	7:20	
26	Mon	11:06	4.3	9:57	6.2	4:14	-0.4	3:42	2.3	4:51	7:21	
27	Tue			12:01	4.4	4:53	-0.9	4:24	2.7	4:51	7:21	
28	Wed			12:55	4.6	5:34	-1.3	5:07	2.9	4:50	7:22	
29	Thu			1:48	4.6	6:19	-1.5	5:55	3.1	4:50	7:23	
30	Fri			2:42	4.6	7:08	-1.6	6:49	3.2	4:49	7:24	
31	Sat	12:48	6.3	3:37	4.7	7:59	-1.5	7:52	3.2	4:49	7:24	