

Alcatraz Island, CA - Oct 1930

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:42	4.8	6:57	5.1	1:12	0.5	1:36	3.2	6:04	5:53	
2	Thu	9:18	4.9	7:56	5.2	2:05	0.4	2:26	2.8	6:05	5:52	
3	Fri	9:47	5.0	8:48	5.3	2:47	0.4	3:06	2.4	6:06	5:50	
4	Sat	10:11	5.1	9:33	5.3	3:23	0.4	3:43	2.0	6:07	5:49	
5	Sun	10:33	5.2	10:16	5.2	3:54	0.6	4:16	1.6	6:08	5:47	
6	Mon	10:54	5.4	10:59	5.1	4:22	0.8	4:48	1.2	6:09	5:46	
7	Tue	11:16	5.5	11:42	5.0	4:49	1.1	5:20	0.9	6:10	5:44	
8	Wed	11:38	5.7			5:16	1.5	5:53	0.5	6:11	5:43	
9	Thu	12:27	4.8	12:03	5.8	5:45	1.9	6:29	0.3	6:12	5:41	
10	Fri	1:16	4.7	12:31	5.9	6:16	2.3	7:09	0.1	6:13	5:40	
11	Sat	2:12	4.5	1:03	5.9	6:50	2.8	7:55	0.0	6:13	5:39	
12	Sun	3:17	4.3	1:43	5.9	7:30	3.2	8:50	0.0	6:14	5:37	
13	Mon	4:36	4.2	2:34	5.7	8:23	3.5	9:55	0.0	6:15	5:36	
14	Tue	6:01	4.3	3:40	5.6	9:44	3.7	11:09	0.0	6:16	5:34	
15	Wed	7:09	4.5	5:00	5.4	11:26	3.6			6:17	5:33	
16	Thu	7:57	4.8	6:22	5.4	12:21	-0.1	12:48	3.1	6:18	5:31	
17	Fri	8:36	5.1	7:36	5.5	1:22	-0.2	1:51	2.4	6:19	5:30	
18	Sat	9:11	5.4	8:43	5.6	2:13	-0.1	2:44	1.7	6:20	5:29	
19	Sun	9:44	5.8	9:44	5.6	2:58	0.1	3:33	0.9	6:21	5:27	
20	Mon	10:16	6.1	10:43	5.5	3:40	0.4	4:20	0.2	6:22	5:26	
21	Tue	10:49	6.4	11:41	5.3	4:20	0.9	5:06	-0.3	6:23	5:25	
22	Wed	11:22	6.5			5:00	1.5	5:52	-0.6	6:24	5:23	
23	Thu	12:39	5.1	11:55 AM	6.5	5:40	2.1	6:37	-0.7	6:25	5:22	
24	Fri	1:37	4.9	12:31	6.3	6:23	2.6	7:24	-0.6	6:26	5:21	
25	Sat	2:39	4.8	1:09	6.1	7:10	3.1	8:13	-0.4	6:27	5:20	
26	Sun	3:47	4.6	1:52	5.7	8:06	3.5	9:08	-0.1	6:28	5:18	
27	Mon	5:00	4.6	2:43	5.3	9:20	3.7	10:09	0.2	6:29	5:17	
28	Tue	6:12	4.6	3:47	4.9	10:51	3.6	11:15	0.4	6:30	5:16	
29	Wed	7:09	4.7	5:01	4.7			12:11	3.4	6:31	5:15	
30	Thu	7:52	4.8	6:16	4.5	12:17	0.5	1:12	2.9	6:32	5:14	
31	Fri	8:24	4.9	7:23	4.5	1:10	0.6	2:01	2.4	6:33	5:12	