

Alcatraz Island, CA - Dec 1930

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:10	5.6	9:03	4.0	1:30	1.6	2:51	1.0	7:06	4:51	
2	Tue	8:37	5.8	10:02	4.2	2:09	2.0	3:27	0.4	7:07	4:51	
3	Wed	9:06	6.1	10:56	4.4	2:48	2.3	4:02	-0.1	7:08	4:50	
4	Thu	9:38	6.3	11:47	4.6	3:26	2.7	4:38	-0.6	7:09	4:50	
5	Fri	10:13	6.5			4:06	3.0	5:16	-1.0	7:09	4:50	
6	Sat	12:37	4.7	10:51 AM	6.6	4:47	3.2	5:57	-1.2	7:10	4:50	
7	Sun	1:26	4.8	11:34 AM	6.6	5:32	3.3	6:42	-1.3	7:11	4:50	
8	Mon	2:16	4.8	12:20	6.5	6:21	3.4	7:30	-1.3	7:12	4:50	
9	Tue	3:06	4.8	1:12	6.2	7:18	3.4	8:21	-1.1	7:13	4:50	
10	Wed	3:57	4.9	2:10	5.8	8:26	3.3	9:14	-0.7	7:14	4:50	
11	Thu	4:47	5.0	3:18	5.2	9:47	3.0	10:10	-0.2	7:14	4:50	
12	Fri	5:35	5.3	4:37	4.7	11:13	2.5	11:06	0.3	7:15	4:51	
13	Sat	6:20	5.6	6:07	4.3			12:30	1.8	7:16	4:51	
14	Sun	7:02	6.0	7:37	4.1	12:02	0.9	1:35	1.0	7:17	4:51	
15	Mon	7:43	6.3	8:58	4.2	12:56	1.5	2:31	0.2	7:17	4:51	
16	Tue	8:23	6.5	10:08	4.4	1:48	2.1	3:20	-0.4	7:18	4:52	
17	Wed	9:02	6.7	11:07	4.7	2:39	2.5	4:04	-0.8	7:19	4:52	
18	Thu	9:40	6.7			3:29	2.9	4:46	-1.0	7:19	4:52	
19	Fri	12:00	4.8	10:19 AM	6.6	4:17	3.2	5:26	-1.1	7:20	4:53	
20	Sat	12:48	4.9	10:57 AM	6.5	5:04	3.3	6:06	-1.0	7:20	4:53	
21	Sun	1:32	4.9	11:36 AM	6.2	5:50	3.4	6:44	-0.9	7:21	4:54	
22	Mon	2:14	4.9	12:15	6.0	6:35	3.4	7:23	-0.7	7:22	4:54	
23	Tue	2:54	4.8	12:55	5.6	7:22	3.4	8:01	-0.4	7:22	4:55	
24	Wed	3:32	4.7	1:37	5.2	8:14	3.3	8:40	-0.1	7:22	4:55	
25	Thu	4:09	4.7	2:24	4.8	9:14	3.2	9:20	0.3	7:23	4:56	
26	Fri	4:45	4.8	3:19	4.3	10:23	2.9	10:02	0.8	7:23	4:56	
27	Sat	5:20	5.0	4:30	3.8	11:34	2.6	10:46	1.3	7:24	4:57	
28	Sun	5:55	5.2	6:00	3.5			12:37	2.0	7:24	4:58	
29	Mon	6:30	5.4	7:36	3.5			1:30	1.4	7:24	4:58	
30	Tue	7:06	5.7	8:58	3.8	12:25	2.3	2:16	0.8	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	7:44	6.0	10:10	4.1	1:17	2.7	2:58	0.2	7:25	5:00	