

Alcatraz Island, CA - Jan 1940

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:35	5.8	4:30	4.5	10:41	1.7	10:23	0.9	7:25	5:00	
2	Tue	5:27	6.0	5:58	4.1	11:58	1.2	11:24	1.4	7:25	5:01	
3	Wed	6:20	6.2	7:29	4.1			1:08	0.7	7:25	5:02	
4	Thu	7:12	6.4	8:48	4.3	12:29	1.9	2:09	0.2	7:25	5:03	
5	Fri	8:02	6.5	9:51	4.6	1:33	2.3	3:01	-0.2	7:25	5:04	
6	Sat	8:50	6.6	10:45	4.8	2:31	2.5	3:48	-0.5	7:25	5:05	
7	Sun	9:35	6.5	11:31	5.0	3:24	2.6	4:30	-0.7	7:25	5:05	
8	Mon	10:17	6.4			4:13	2.6	5:08	-0.7	7:25	5:06	
9	Tue	12:12	5.0	10:58 AM	6.3	4:59	2.6	5:45	-0.7	7:25	5:07	
10	Wed	12:50	5.1	11:36 AM	6.1	5:42	2.6	6:19	-0.5	7:25	5:08	
11	Thu	1:25	5.1	12:14	5.8	6:24	2.6	6:53	-0.3	7:25	5:09	
12	Fri	1:58	5.1	12:52	5.4	7:07	2.5	7:26	0.0	7:25	5:10	
13	Sat	2:30	5.1	1:32	5.0	7:51	2.5	8:00	0.3	7:24	5:11	
14	Sun	3:02	5.1	2:16	4.6	8:41	2.4	8:36	0.8	7:24	5:12	
15	Mon	3:37	5.1	3:09	4.2	9:37	2.3	9:15	1.2	7:24	5:13	
16	Tue	4:15	5.2	4:16	3.8	10:42	2.1	10:00	1.7	7:24	5:14	
17	Wed	4:58	5.3	5:45	3.5	11:51	1.8	10:54	2.2	7:23	5:15	
18	Thu	5:44	5.5	7:19	3.6			12:53	1.3	7:23	5:16	
19	Fri	6:34	5.7	8:36	3.8			1:47	0.8	7:22	5:17	
20	Sat	7:23	5.9	9:34	4.2	1:00	2.7	2:33	0.3	7:22	5:18	
21	Sun	8:12	6.2	10:20	4.5	1:58	2.8	3:16	-0.2	7:21	5:20	
22	Mon	9:00	6.5	11:02	4.8	2:50	2.7	3:57	-0.7	7:21	5:21	
23	Tue	9:48	6.7	11:41	5.0	3:39	2.6	4:38	-1.0	7:20	5:22	
24	Wed	10:36	6.8			4:28	2.3	5:19	-1.2	7:20	5:23	
25	Thu	12:20	5.3	11:25 AM	6.7	5:17	2.1	6:01	-1.1	7:19	5:24	
26	Fri	12:59	5.5	12:15	6.5	6:07	1.8	6:43	-0.9	7:18	5:25	
27	Sat	1:39	5.7	1:08	6.1	7:01	1.6	7:26	-0.5	7:18	5:26	
28	Sun	2:21	5.9	2:05	5.5	7:59	1.4	8:11	0.1	7:17	5:27	
29	Mon	3:05	6.0	3:09	4.9	9:03	1.2	9:00	0.7	7:16	5:28	
30	Tue	3:53	6.1	4:25	4.4	10:15	1.0	9:55	1.4	7:16	5:29	
31	Wed	4:46	6.1	5:55	4.1	11:31	0.8	11:00	2.0	7:15	5:31	