

Alcatraz Island, CA - Aug 1940

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:43	4.7	9:28	6.5	3:40	-0.2	3:20	2.7	5:13	7:18	
2	Fri	11:21	4.9	10:15	6.6	4:20	-0.5	4:06	2.5	5:13	7:17	
3	Sat	11:58	5.2	11:03	6.6	4:59	-0.7	4:53	2.2	5:14	7:16	
4	Sun			12:35	5.4	5:39	-0.8	5:42	1.9	5:15	7:15	
5	Mon			1:14	5.7	6:20	-0.6	6:34	1.7	5:16	7:14	
6	Tue	12:44	6.2	1:54	5.9	7:02	-0.3	7:29	1.4	5:17	7:13	
7	Wed	1:40	5.7	2:36	6.0	7:45	0.2	8:29	1.2	5:18	7:12	
8	Thu	2:41	5.2	3:22	6.2	8:32	0.8	9:36	1.1	5:19	7:11	
9	Fri	3:52	4.7	4:12	6.2	9:25	1.4	10:49	0.9	5:19	7:10	
10	Sat	5:15	4.3	5:08	6.3	10:26	2.0			5:20	7:08	
11	Sun	6:45	4.3	6:08	6.3	12:04	0.6	11:37 AM	2.4	5:21	7:07	
12	Mon	8:06	4.4	7:09	6.3	1:13	0.3	12:50	2.6	5:22	7:06	
13	Tue	9:10	4.7	8:06	6.3	2:13	0.1	1:56	2.6	5:23	7:05	
14	Wed	10:01	4.9	8:58	6.3	3:05	-0.1	2:53	2.5	5:24	7:04	
15	Thu	10:44	5.1	9:46	6.3	3:49	-0.2	3:43	2.4	5:25	7:02	
16	Fri	11:22	5.2	10:30	6.2	4:29	-0.2	4:27	2.3	5:25	7:01	
17	Sat	11:56	5.2	11:11	6.0	5:05	-0.1	5:09	2.1	5:26	7:00	
18	Sun			12:27	5.3	5:38	0.1	5:47	2.0	5:27	6:59	
19	Mon			12:55	5.3	6:10	0.3	6:25	1.9	5:28	6:57	
20	Tue	12:30	5.4	1:23	5.3	6:41	0.6	7:04	1.8	5:29	6:56	
21	Wed	1:09	5.1	1:51	5.4	7:13	1.0	7:44	1.7	5:30	6:55	
22	Thu	1:52	4.8	2:22	5.4	7:46	1.4	8:29	1.7	5:31	6:53	
23	Fri	2:41	4.4	2:57	5.4	8:21	1.8	9:21	1.6	5:32	6:52	
24	Sat	3:41	4.1	3:39	5.4	9:03	2.3	10:22	1.5	5:32	6:50	
25	Sun	4:58	3.9	4:28	5.4	9:56	2.7	11:30	1.3	5:33	6:49	
26	Mon	6:26	3.9	5:24	5.5	11:04	2.9			5:34	6:48	
27	Tue	7:44	4.1	6:24	5.6	12:35	1.0	12:17	3.0	5:35	6:46	
28	Wed	8:40	4.3	7:22	5.9	1:32	0.7	1:20	2.9	5:36	6:45	
29	Thu	9:24	4.6	8:18	6.1	2:21	0.3	2:14	2.6	5:37	6:43	
30	Fri	10:03	4.9	9:11	6.3	3:06	-0.1	3:03	2.3	5:38	6:42	
31	Sat	10:40	5.3	10:03	6.5	3:48	-0.3	3:51	1.8	5:38	6:40	