

Alcatraz Island, CA - Dec 1940

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:30	5.3	12:21	6.5	6:19	2.5	7:08	-1.1	7:06	4:51	
2	Mon	2:20	5.2	1:09	6.1	7:15	2.7	7:55	-0.8	7:07	4:50	
3	Tue	3:11	5.2	1:59	5.6	8:17	2.7	8:43	-0.3	7:08	4:50	
4	Wed	4:03	5.2	2:54	5.0	9:26	2.7	9:34	0.2	7:09	4:50	
5	Thu	4:54	5.2	3:58	4.5	10:41	2.6	10:27	0.7	7:10	4:50	
6	Fri	5:43	5.2	5:12	4.1	11:54	2.3	11:22	1.1	7:11	4:50	
7	Sat	6:29	5.3	6:33	3.9			12:57	1.8	7:12	4:50	
8	Sun	7:10	5.5	7:51	3.9	12:17	1.5	1:51	1.4	7:12	4:50	
9	Mon	7:47	5.6	8:57	4.0	1:09	1.8	2:37	0.9	7:13	4:50	
10	Tue	8:21	5.8	9:52	4.2	1:57	2.1	3:16	0.5	7:14	4:50	
11	Wed	8:55	5.9	10:39	4.4	2:40	2.4	3:52	0.2	7:15	4:51	
12	Thu	9:29	6.1	11:22	4.5	3:21	2.5	4:25	-0.1	7:16	4:51	
13	Fri	10:03	6.2			3:59	2.7	4:58	-0.4	7:16	4:51	
14	Sat	12:02	4.7	10:39 AM	6.2	4:37	2.8	5:31	-0.6	7:17	4:51	
15	Sun	12:40	4.8	11:16 AM	6.2	5:16	2.8	6:05	-0.7	7:18	4:51	
16	Mon	1:19	4.9	11:55 AM	6.1	5:57	2.8	6:41	-0.7	7:18	4:52	
17	Tue	1:59	4.9	12:36	5.9	6:41	2.8	7:21	-0.7	7:19	4:52	
18	Wed	2:39	5.0	1:22	5.6	7:31	2.8	8:03	-0.5	7:20	4:52	
19	Thu	3:22	5.1	2:15	5.2	8:30	2.6	8:49	-0.1	7:20	4:53	
20	Fri	4:07	5.3	3:18	4.8	9:39	2.4	9:39	0.3	7:21	4:53	
21	Sat	4:55	5.5	4:36	4.3	10:55	2.0	10:35	0.8	7:21	4:54	
22	Sun	5:44	5.8	6:05	4.1			12:09	1.4	7:22	4:54	
23	Mon	6:33	6.1	7:33	4.1			1:15	0.8	7:22	4:55	
24	Tue	7:23	6.4	8:50	4.3	12:38	1.7	2:13	0.1	7:23	4:55	
25	Wed	8:12	6.7	9:55	4.6	1:39	2.1	3:05	-0.5	7:23	4:56	
26	Thu	9:00	6.9	10:51	4.9	2:36	2.3	3:53	-0.9	7:23	4:57	
27	Fri	9:47	6.9	11:41	5.1	3:31	2.4	4:39	-1.2	7:24	4:57	
28	Sat	10:33	6.9			4:24	2.5	5:23	-1.2	7:24	4:58	
29	Sun	12:28	5.2	11:19 AM	6.7	5:15	2.5	6:05	-1.2	7:24	4:59	
30	Mon	1:12	5.3	12:04	6.4	6:05	2.5	6:47	-0.9	7:25	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	1:54	5.3	12:49	6.0	6:57	2.5	7:29	-0.6	7:25	5:00	