

Alcatraz Island, CA - Mar 1943

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:36	5.9	9:54	4.4	1:19	2.8	2:40	-0.2	7:41	7:02	
2	Tue	8:41	6.1	10:45	4.8	2:33	2.7	3:37	-0.6	7:40	7:03	
3	Wed	9:42	6.3	11:28	5.1	3:36	2.4	4:28	-0.8	7:39	7:04	
4	Thu	10:39	6.4			4:31	2.0	5:15	-0.9	7:37	7:05	
5	Fri	12:08	5.4	11:33 AM	6.4	5:23	1.6	5:59	-0.9	7:36	7:06	
6	Sat	12:47	5.6	12:25	6.3	6:12	1.2	6:41	-0.6	7:34	7:07	
7	Sun	1:24	5.7	1:16	6.0	7:01	0.9	7:22	-0.2	7:33	7:08	
8	Mon	2:01	5.8	2:07	5.5	7:50	0.7	8:03	0.3	7:31	7:09	
9	Tue	2:38	5.8	3:01	5.1	8:39	0.6	8:45	0.9	7:30	7:10	
10	Wed	3:16	5.7	3:59	4.6	9:32	0.6	9:30	1.5	7:28	7:11	
11	Thu	3:55	5.5	5:08	4.2	10:29	0.7	10:21	2.1	7:27	7:12	
12	Fri	4:39	5.3	6:31	4.0	11:33	0.8	11:26	2.6	7:25	7:13	
13	Sat	5:31	5.1	8:01	4.0			12:43	0.8	7:24	7:14	
14	Sun	6:30	5.0	9:12	4.2	12:44	2.8	1:50	0.7	7:22	7:15	
15	Mon	7:34	5.0	10:03	4.4	1:58	2.9	2:48	0.5	7:21	7:16	
16	Tue	8:34	5.0	10:41	4.6	2:58	2.7	3:36	0.4	7:19	7:17	
17	Wed	9:27	5.1	11:13	4.7	3:46	2.4	4:17	0.2	7:18	7:18	
18	Thu	10:14	5.3	11:41	4.8	4:27	2.1	4:52	0.1	7:16	7:19	
19	Fri	10:57	5.3			5:04	1.8	5:24	0.1	7:15	7:19	
20	Sat	12:08	5.0	11:38 AM	5.4	5:38	1.5	5:54	0.2	7:13	7:20	
21	Sun	12:34	5.1	12:19	5.3	6:11	1.2	6:24	0.3	7:12	7:21	
22	Mon	1:01	5.3	1:02	5.2	6:46	0.9	6:56	0.6	7:10	7:22	
23	Tue	1:30	5.4	1:46	5.0	7:23	0.6	7:29	0.9	7:09	7:23	
24	Wed	2:00	5.5	2:34	4.8	8:03	0.4	8:05	1.3	7:07	7:24	
25	Thu	2:34	5.6	3:30	4.5	8:49	0.2	8:45	1.7	7:06	7:25	
26	Fri	3:12	5.6	4:35	4.2	9:42	0.1	9:33	2.2	7:04	7:26	
27	Sat	3:58	5.6	5:54	4.1	10:43	0.1	10:35	2.6	7:03	7:27	
28	Sun	4:55	5.5	7:19	4.1	11:53	0.0	11:57	2.8	7:01	7:28	
29	Mon	6:03	5.4	8:33	4.4			1:06	-0.1	7:00	7:29	
30	Tue	7:18	5.4	9:29	4.7	1:23	2.7	2:14	-0.3	6:58	7:30	
31	Wed	8:30	5.5	10:15	5.0	2:36	2.3	3:12	-0.4	6:57	7:30	