

Alcatraz Island, CA - Nov 1943

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:15	4.8	2:11	6.0	8:00	2.7	8:56	-0.5	7:34	6:12	
2	Tue	4:15	4.7	2:59	5.8	8:52	2.9	9:51	-0.4	7:35	6:10	
3	Wed	5:20	4.7	3:57	5.6	9:59	3.1	10:53	-0.2	7:36	6:09	
4	Thu	6:28	4.8	5:07	5.3	11:24	3.1			7:37	6:08	
5	Fri	7:29	5.0	6:27	5.1	12:00	-0.1	12:51	2.8	7:38	6:07	
6	Sat	8:22	5.3	7:46	5.0	1:06	0.1	2:04	2.2	7:39	6:06	
7	Sun	9:08	5.6	8:59	5.1	2:06	0.2	3:03	1.5	7:40	6:05	
8	Mon	9:49	5.9	10:05	5.1	3:00	0.5	3:55	0.9	7:42	6:04	
9	Tue	10:27	6.2	11:05	5.2	3:48	0.7	4:42	0.3	7:43	6:03	
10	Wed	11:04	6.4			4:33	1.1	5:27	-0.2	7:44	6:03	
11	Thu	12:01	5.2	11:39 AM	6.4	5:16	1.5	6:09	-0.5	7:45	6:02	
12	Fri	12:55	5.2	12:14	6.4	5:59	1.9	6:51	-0.6	7:46	6:01	
13	Sat	1:47	5.1	12:50	6.3	6:43	2.3	7:32	-0.6	7:47	6:00	
14	Sun	2:38	5.0	1:25	6.0	7:27	2.6	8:13	-0.5	7:48	5:59	
15	Mon	3:30	4.9	2:03	5.7	8:15	2.9	8:56	-0.3	7:49	5:59	
16	Tue	4:24	4.8	2:43	5.4	9:09	3.2	9:43	0.0	7:50	5:58	
17	Wed	5:20	4.7	3:30	5.0	10:14	3.3	10:33	0.3	7:51	5:57	
18	Thu	6:17	4.7	4:27	4.6	11:30	3.2	11:29	0.6	7:52	5:56	
19	Fri	7:10	4.8	5:35	4.3			12:45	3.0	7:53	5:56	
20	Sat	7:54	4.9	6:49	4.2	12:27	0.8	1:48	2.6	7:54	5:55	
21	Sun	8:32	5.1	8:03	4.1	1:21	1.0	2:39	2.1	7:55	5:55	
22	Mon	9:05	5.3	9:08	4.2	2:10	1.2	3:22	1.6	7:56	5:54	
23	Tue	9:35	5.6	10:06	4.4	2:54	1.3	4:01	1.0	7:58	5:54	
24	Wed	10:06	5.8	10:59	4.5	3:34	1.6	4:36	0.5	7:59	5:53	
25	Thu	10:37	6.1	11:50	4.7	4:12	1.8	5:11	0.0	8:00	5:53	
26	Fri	11:10	6.3			4:50	2.0	5:48	-0.4	8:01	5:52	
27	Sat	12:39	4.8	11:45 AM	6.4	5:30	2.3	6:26	-0.8	8:02	5:52	
28	Sun	1:29	4.9	12:23	6.5	6:11	2.5	7:08	-1.0	8:03	5:52	
29	Mon	2:19	5.0	1:05	6.5	6:56	2.7	7:53	-1.1	8:04	5:51	
30	Tue	3:10	5.0	1:51	6.3	7:46	2.9	8:42	-1.1	8:05	5:51	