

Alcatraz Island, CA - Jan 1944

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:23	5.5	4:40	5.0	10:59	2.3	11:04	0.1	8:25	6:00	
2	Sun	6:13	5.7	6:01	4.5			12:20	1.9	8:25	6:01	
3	Mon	7:04	5.9	7:30	4.2	12:01	0.7	1:36	1.4	8:25	6:02	
4	Tue	7:53	6.1	8:58	4.1	1:01	1.3	2:41	0.8	8:25	6:03	
5	Wed	8:40	6.3	10:13	4.3	2:01	1.8	3:37	0.2	8:25	6:04	
6	Thu	9:25	6.4	11:14	4.6	2:58	2.2	4:25	-0.2	8:25	6:05	
7	Fri	10:06	6.4			3:51	2.5	5:08	-0.5	8:25	6:05	
8	Sat	12:06	4.8	10:46 AM	6.4	4:40	2.7	5:47	-0.6	8:25	6:06	
9	Sun	12:52	4.9	11:24 AM	6.3	5:26	2.8	6:23	-0.6	8:25	6:07	
10	Mon	1:33	4.9	12:00	6.2	6:08	2.9	6:57	-0.6	8:25	6:08	
11	Tue	2:11	4.9	12:36	6.0	6:49	2.9	7:30	-0.5	8:25	6:09	
12	Wed	2:45	4.9	1:12	5.8	7:29	2.9	8:03	-0.4	8:25	6:10	
13	Thu	3:18	4.9	1:49	5.5	8:10	2.9	8:37	-0.1	8:24	6:11	
14	Fri	3:51	4.9	2:28	5.2	8:54	2.8	9:11	0.2	8:24	6:12	
15	Sat	4:24	4.9	3:12	4.8	9:44	2.7	9:47	0.6	8:24	6:13	
16	Sun	5:00	5.0	4:04	4.3	10:43	2.6	10:27	1.0	8:23	6:14	
17	Mon	5:38	5.1	5:12	3.9	11:49	2.3	11:13	1.5	8:23	6:15	
18	Tue	6:20	5.3	6:40	3.6			12:57	1.9	8:23	6:16	
19	Wed	7:04	5.5	8:17	3.7	12:06	2.0	1:58	1.3	8:22	6:17	
20	Thu	7:49	5.7	9:39	3.9	1:06	2.4	2:51	0.7	8:22	6:18	
21	Fri	8:36	6.1	10:42	4.3	2:08	2.6	3:40	0.1	8:21	6:20	
22	Sat	9:24	6.4	11:34	4.6	3:06	2.8	4:25	-0.5	8:21	6:21	
23	Sun	10:12	6.7			3:59	2.8	5:10	-1.0	8:20	6:22	
24	Mon	12:19	4.9	11:01 AM	6.9	4:51	2.7	5:55	-1.4	8:20	6:23	
25	Tue	1:02	5.1	11:50 AM	7.0	5:41	2.6	6:39	-1.5	8:19	6:24	
26	Wed	1:44	5.3	12:41	6.9	6:33	2.4	7:24	-1.5	8:18	6:25	
27	Thu	2:26	5.4	1:33	6.6	7:26	2.1	8:09	-1.2	8:18	6:26	
28	Fri	3:08	5.6	2:27	6.1	8:23	1.9	8:54	-0.7	8:17	6:27	
29	Sat	3:51	5.7	3:26	5.5	9:25	1.7	9:41	0.0	8:16	6:28	
30	Sun	4:37	5.8	4:33	4.8	10:34	1.5	10:32	0.7	8:16	6:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	5:25	5.9	5:53	4.3	11:50	1.3	11:28	1.4	8:15	6:31	