

Alcatraz Island, CA - Mar 1944

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:27	5.7	7:23	4.1			12:28	0.6	7:40	7:03	
2	Thu	6:26	5.5	8:50	4.2	12:12	2.5	1:41	0.4	7:39	7:04	
3	Fri	7:29	5.4	9:56	4.5	1:30	2.8	2:46	0.3	7:37	7:05	
4	Sat	8:30	5.4	10:45	4.7	2:40	2.8	3:39	0.1	7:36	7:06	
5	Sun	9:24	5.5	11:24	4.8	3:38	2.6	4:24	0.0	7:35	7:07	
6	Mon	10:12	5.5	11:57	4.9	4:25	2.4	5:02	-0.1	7:33	7:08	
7	Tue	10:55	5.5			5:05	2.2	5:36	0.0	7:32	7:09	
8	Wed	12:26	4.9	11:35 AM	5.5	5:41	2.0	6:06	0.0	7:30	7:10	
9	Thu	12:52	5.0	12:12	5.4	6:15	1.7	6:34	0.2	7:29	7:11	
10	Fri	1:16	5.0	12:50	5.3	6:47	1.5	7:02	0.4	7:27	7:12	
11	Sat	1:40	5.1	1:28	5.1	7:20	1.3	7:29	0.6	7:26	7:13	
12	Sun	2:06	5.2	2:08	4.8	7:55	1.1	7:58	1.0	7:24	7:14	
13	Mon	2:33	5.2	2:52	4.5	8:33	1.0	8:30	1.4	7:23	7:15	
14	Tue	3:03	5.3	3:45	4.2	9:16	0.8	9:06	1.9	7:21	7:15	
15	Wed	3:38	5.3	4:52	3.9	10:08	0.7	9:49	2.4	7:20	7:16	
16	Thu	4:20	5.3	6:18	3.8	11:09	0.6	10:48	2.8	7:18	7:17	
17	Fri	5:15	5.3	7:50	3.9			12:20	0.4	7:17	7:18	
18	Sat	6:21	5.3	9:03	4.2	12:09	3.0	1:31	0.1	7:15	7:19	
19	Sun	7:32	5.5	9:55	4.5	1:34	2.9	2:35	-0.3	7:14	7:20	
20	Mon	8:40	5.7	10:38	4.8	2:43	2.6	3:31	-0.6	7:12	7:21	
21	Tue	9:43	5.9	11:17	5.2	3:41	2.1	4:20	-0.8	7:11	7:22	
22	Wed	10:41	6.1	11:54	5.5	4:33	1.6	5:06	-0.8	7:09	7:23	
23	Thu	11:37	6.1			5:23	1.0	5:50	-0.6	7:08	7:24	
24	Fri	12:31	5.7	12:32	6.0	6:12	0.5	6:32	-0.2	7:06	7:25	
25	Sat	1:07	5.9	1:26	5.7	7:01	0.1	7:15	0.2	7:05	7:26	
26	Sun	1:45	6.0	2:22	5.3	7:51	-0.1	7:58	0.8	7:03	7:27	
27	Mon	2:23	6.0	3:22	4.9	8:43	-0.2	8:44	1.5	7:02	7:28	
28	Tue	3:04	5.9	4:28	4.5	9:37	-0.1	9:35	2.1	7:00	7:28	
29	Wed	3:48	5.7	5:44	4.3	10:37	0.0	10:38	2.6	6:58	7:29	
30	Thu	4:39	5.3	7:08	4.2	11:44	0.2	11:57	2.9	6:57	7:30	
31	Fri	5:39	5.0	8:25	4.4			12:55	0.3	6:55	7:31	