

Alcatraz Island, CA - Jul 1945

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:08	5.0	6:01	5.4	10:45	-0.1	11:47	2.3	5:51	8:35	
2	Mon	5:22	4.5	6:46	5.7	11:38	0.4			5:51	8:35	
3	Tue	6:49	4.2	7:31	6.0	1:02	1.7	12:33	1.0	5:52	8:35	
4	Wed	8:20	4.0	8:17	6.3	2:09	0.9	1:31	1.5	5:52	8:35	
5	Thu	9:43	4.2	9:03	6.6	3:08	0.2	2:28	2.0	5:53	8:35	
6	Fri	10:54	4.4	9:49	6.8	4:02	-0.4	3:25	2.4	5:53	8:34	
7	Sat	11:54	4.7	10:35	6.9	4:51	-0.9	4:20	2.6	5:54	8:34	
8	Sun			12:47	4.9	5:38	-1.1	5:13	2.8	5:54	8:34	
9	Mon			1:36	5.0	6:23	-1.2	6:06	2.9	5:55	8:34	
10	Tue	12:07	6.7	2:21	5.1	7:07	-1.2	6:57	2.9	5:56	8:33	
11	Wed	12:52	6.5	3:05	5.1	7:49	-1.0	7:49	2.9	5:56	8:33	
12	Thu	1:37	6.1	3:46	5.1	8:31	-0.7	8:42	2.8	5:57	8:32	
13	Fri	2:22	5.6	4:26	5.1	9:11	-0.3	9:39	2.7	5:58	8:32	
14	Sat	3:09	5.1	5:05	5.1	9:52	0.2	10:41	2.6	5:58	8:32	
15	Sun	4:01	4.6	5:44	5.2	10:34	0.7	11:48	2.4	5:59	8:31	
16	Mon	5:04	4.1	6:23	5.3	11:19	1.2			6:00	8:31	
17	Tue	6:22	3.7	7:02	5.4	12:54	2.0	12:08	1.8	6:00	8:30	
18	Wed	7:55	3.6	7:42	5.6	1:55	1.6	1:01	2.2	6:01	8:29	
19	Thu	9:22	3.7	8:22	5.7	2:48	1.1	1:56	2.6	6:02	8:29	
20	Fri	10:29	4.0	9:03	5.9	3:34	0.7	2:48	2.9	6:03	8:28	
21	Sat	11:21	4.2	9:44	6.1	4:15	0.2	3:37	3.1	6:03	8:28	
22	Sun			12:05	4.5	4:53	-0.1	4:21	3.1	6:04	8:27	
23	Mon			12:44	4.6	5:31	-0.5	5:04	3.1	6:05	8:26	
24	Tue			1:21	4.8	6:08	-0.7	5:46	3.0	6:06	8:25	
25	Wed			1:57	4.9	6:46	-0.9	6:30	2.9	6:07	8:25	
26	Thu	12:34	6.5	2:33	5.1	7:25	-1.0	7:17	2.7	6:07	8:24	
27	Fri	1:20	6.3	3:11	5.2	8:04	-0.8	8:08	2.5	6:08	8:23	
28	Sat	2:09	6.0	3:49	5.4	8:46	-0.5	9:06	2.3	6:09	8:22	
29	Sun	3:04	5.5	4:30	5.6	9:29	-0.1	10:11	2.0	6:10	8:21	
30	Mon	4:08	5.0	5:13	5.8	10:15	0.6	11:23	1.6	6:11	8:20	
31	Tue	5:24	4.5	6:01	6.1	11:07	1.2			6:12	8:19	