

Alcatraz Island, CA - Nov 1945

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:40	5.6	9:49	4.8	2:58	0.8	3:43	1.1	6:35	5:11	
2	Fri	10:07	5.7	10:36	4.8	3:34	1.1	4:19	0.7	6:36	5:10	
3	Sat	10:32	5.7	11:21	4.7	4:07	1.5	4:52	0.4	6:37	5:09	
4	Sun	10:55	5.8			4:38	1.9	5:24	0.2	6:38	5:08	
5	Mon	12:04	4.7	11:19 AM	5.8	5:09	2.2	5:55	0.0	6:39	5:07	
6	Tue	12:48	4.6	11:45 AM	5.8	5:40	2.6	6:28	-0.1	6:40	5:06	
7	Wed	1:33	4.6	12:14	5.7	6:12	2.9	7:03	-0.1	6:41	5:05	
8	Thu	2:20	4.5	12:47	5.6	6:48	3.1	7:43	-0.1	6:42	5:04	
9	Fri	3:13	4.4	1:25	5.4	7:30	3.4	8:28	0.0	6:43	5:03	
10	Sat	4:12	4.4	2:11	5.2	8:24	3.5	9:21	0.1	6:44	5:02	
11	Sun	5:13	4.4	3:10	5.0	9:41	3.6	10:20	0.2	6:45	5:01	
12	Mon	6:10	4.6	4:22	4.8	11:10	3.4	11:22	0.2	6:46	5:00	
13	Tue	6:57	4.9	5:42	4.7			12:24	2.9	6:47	5:00	
14	Wed	7:37	5.2	7:00	4.7	12:21	0.3	1:23	2.2	6:49	4:59	
15	Thu	8:13	5.6	8:12	4.8	1:15	0.4	2:13	1.4	6:50	4:58	
16	Fri	8:48	6.0	9:18	5.0	2:04	0.6	3:00	0.6	6:51	4:57	
17	Sat	9:24	6.4	10:20	5.1	2:51	0.9	3:47	-0.2	6:52	4:57	
18	Sun	10:01	6.7	11:20	5.2	3:36	1.3	4:33	-0.8	6:53	4:56	
19	Mon	10:40	6.9			4:22	1.8	5:21	-1.2	6:54	4:55	
20	Tue	12:18	5.2	11:21 AM	7.0	5:09	2.2	6:09	-1.5	6:55	4:55	
21	Wed	1:17	5.2	12:05	6.9	5:59	2.6	6:59	-1.4	6:56	4:54	
22	Thu	2:15	5.2	12:53	6.6	6:53	2.9	7:51	-1.2	6:57	4:54	
23	Fri	3:16	5.1	1:44	6.1	7:55	3.1	8:46	-0.8	6:58	4:53	
24	Sat	4:17	5.1	2:42	5.6	9:08	3.2	9:45	-0.4	6:59	4:53	
25	Sun	5:19	5.1	3:47	5.1	10:31	3.1	10:47	0.0	7:00	4:52	
26	Mon	6:16	5.2	5:02	4.6	11:52	2.7	11:47	0.4	7:01	4:52	
27	Tue	7:05	5.3	6:22	4.3			1:00	2.2	7:02	4:52	
28	Wed	7:47	5.5	7:38	4.2	12:42	0.8	1:56	1.7	7:03	4:51	
29	Thu	8:22	5.6	8:45	4.2	1:31	1.2	2:43	1.2	7:04	4:51	
30	Fri	8:52	5.8	9:43	4.3	2:15	1.5	3:24	0.7	7:05	4:51	