

Alcatraz Island, CA - Dec 1945

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:20	5.9	10:34	4.4	2:54	1.9	4:00	0.3	7:06	4:51	
2	Sun	9:47	6.0	11:21	4.5	3:31	2.2	4:33	0.0	7:07	4:50	
3	Mon	10:14	6.0			4:06	2.5	5:05	-0.2	7:08	4:50	
4	Tue	12:05	4.6	10:43 AM	6.0	4:40	2.8	5:37	-0.4	7:09	4:50	
5	Wed	12:47	4.6	11:14 AM	6.0	5:14	3.0	6:09	-0.5	7:10	4:50	
6	Thu	1:29	4.6	11:47 AM	6.0	5:50	3.2	6:45	-0.6	7:11	4:50	
7	Fri	2:11	4.6	12:23	5.8	6:29	3.3	7:23	-0.6	7:11	4:50	
8	Sat	2:56	4.6	1:03	5.6	7:14	3.4	8:05	-0.5	7:12	4:50	
9	Sun	3:42	4.7	1:49	5.4	8:08	3.4	8:52	-0.3	7:13	4:50	
10	Mon	4:30	4.8	2:45	5.0	9:16	3.3	9:43	-0.1	7:14	4:50	
11	Tue	5:17	4.9	3:54	4.7	10:36	3.0	10:38	0.2	7:15	4:50	
12	Wed	6:02	5.2	5:18	4.4	11:53	2.5	11:35	0.6	7:15	4:51	
13	Thu	6:45	5.5	6:46	4.3			12:59	1.7	7:16	4:51	
14	Fri	7:26	6.0	8:08	4.3	12:32	1.0	1:55	0.9	7:17	4:51	
15	Sat	8:06	6.4	9:21	4.5	1:26	1.4	2:47	0.1	7:18	4:51	
16	Sun	8:48	6.7	10:26	4.8	2:18	1.8	3:35	-0.7	7:18	4:52	
17	Mon	9:30	7.0	11:24	5.0	3:10	2.2	4:23	-1.2	7:19	4:52	
18	Tue	10:14	7.1			4:01	2.5	5:10	-1.5	7:19	4:52	
19	Wed	12:19	5.1	10:59 AM	7.1	4:52	2.7	5:57	-1.6	7:20	4:53	
20	Thu	1:11	5.2	11:46 AM	6.9	5:45	2.8	6:44	-1.5	7:21	4:53	
21	Fri	2:02	5.2	12:34	6.5	6:40	2.9	7:32	-1.2	7:21	4:54	
22	Sat	2:52	5.2	1:24	6.1	7:39	3.0	8:20	-0.8	7:22	4:54	
23	Sun	3:42	5.2	2:16	5.5	8:44	2.9	9:09	-0.3	7:22	4:55	
24	Mon	4:32	5.2	3:15	4.9	9:56	2.8	9:59	0.3	7:23	4:55	
25	Tue	5:21	5.2	4:23	4.3	11:12	2.5	10:52	0.8	7:23	4:56	
26	Wed	6:06	5.3	5:45	3.9			12:22	2.1	7:23	4:57	
27	Thu	6:48	5.4	7:13	3.8			1:23	1.6	7:24	4:57	
28	Fri	7:26	5.6	8:33	3.8	12:39	1.8	2:14	1.1	7:24	4:58	
29	Sat	8:01	5.7	9:38	4.0	1:30	2.2	2:58	0.6	7:24	4:59	
30	Sun	8:34	5.9	10:31	4.3	2:17	2.5	3:36	0.2	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	9:08	6.0	11:20	4.4	3:01	2.8	4:12	-0.1	7:25	5:00	