

Alcatraz Island, CA - Mar 1949

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:50	5.0	12:24	5.1	6:24	1.6	6:34	0.5	6:41	6:03	●
2	Wed	1:11	5.1	1:04	4.8	6:59	1.4	6:59	1.0	6:39	6:04	●
3	Thu	1:33	5.2	1:47	4.4	7:36	1.2	7:26	1.5	6:38	6:05	●
4	Fri	1:58	5.3	2:38	4.0	8:17	1.1	7:54	2.0	6:36	6:06	◐
5	Sat	2:26	5.3	3:46	3.7	9:06	1.0	8:26	2.6	6:35	6:07	◐
6	Sun	3:02	5.3	5:23	3.5	10:05	0.9	9:09	3.1	6:33	6:08	◐
7	Mon	3:48	5.3	7:25	3.6	11:16	0.7	10:24	3.4	6:32	6:09	◐
8	Tue	4:49	5.3	8:39	4.0			12:31	0.4	6:31	6:10	◐
9	Wed	6:01	5.4	9:21	4.3	12:07	3.5	1:36	-0.1	6:29	6:10	◐
10	Thu	7:11	5.7	9:55	4.5	1:25	3.3	2:31	-0.5	6:28	6:11	◐
11	Fri	8:15	6.0	10:26	4.8	2:24	2.9	3:18	-0.8	6:26	6:12	○
12	Sat	9:14	6.2	10:57	5.1	3:15	2.3	4:01	-1.0	6:25	6:13	○
13	Sun	10:09	6.3	11:28	5.4	4:04	1.7	4:42	-0.9	6:23	6:14	○
14	Mon	11:04	6.2			4:52	1.1	5:21	-0.6	6:22	6:15	○
15	Tue	12:00	5.7	11:59 AM	5.9	5:42	0.5	5:59	-0.1	6:20	6:16	○
16	Wed	12:34	6.0	12:56	5.5	6:32	0.0	6:38	0.6	6:19	6:17	○
17	Thu	1:09	6.2	1:57	5.0	7:25	-0.3	7:19	1.3	6:17	6:18	○
18	Fri	1:46	6.2	3:05	4.5	8:21	-0.3	8:04	2.1	6:16	6:19	○
19	Sat	2:28	6.1	4:27	4.2	9:22	-0.3	8:58	2.7	6:14	6:20	○
20	Sun	3:17	5.9	6:03	4.1	10:32	-0.1	10:14	3.2	6:13	6:21	○
21	Mon	4:16	5.5	7:33	4.3	11:48	0.0	11:51	3.3	6:11	6:22	◐
22	Tue	5:28	5.3	8:35	4.5			1:01	0.0	6:09	6:23	◐
23	Wed	6:44	5.1	9:21	4.7	1:15	3.1	2:03	0.0	6:08	6:24	◐
24	Thu	7:51	5.1	9:57	4.8	2:18	2.8	2:52	-0.1	6:06	6:25	◐
25	Fri	8:47	5.2	10:27	4.9	3:07	2.3	3:32	0.0	6:05	6:25	◐
26	Sat	9:36	5.2	10:52	5.0	3:48	1.9	4:06	0.1	6:03	6:26	◐
27	Sun	10:19	5.1	11:14	5.0	4:24	1.6	4:35	0.3	6:02	6:27	◐
28	Mon	11:00	5.0	11:34	5.1	4:58	1.2	5:02	0.6	6:00	6:28	◐
29	Tue	11:41	4.8	11:54	5.3	5:30	0.9	5:28	0.9	5:59	6:29	●
30	Wed			12:22	4.6	6:01	0.6	5:54	1.3	5:57	6:30	●
31	Thu	12:15	5.4	1:05	4.4	6:33	0.4	6:21	1.8	5:56	6:31	●