

Alcatraz Island, CA - May 1949

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:25	5.7	3:00	4.1	7:26	-0.6	7:00	3.2	5:13	6:59	
2	Mon	1:02	5.6	4:01	4.1	8:12	-0.6	7:48	3.4	5:12	7:00	
3	Tue	1:46	5.4	5:08	4.1	9:06	-0.6	8:55	3.5	5:11	7:01	
4	Wed	2:42	5.2	6:09	4.2	10:07	-0.5	10:25	3.4	5:10	7:02	
5	Thu	3:51	5.0	6:58	4.5	11:11	-0.4	11:53	3.0	5:09	7:03	
6	Fri	5:11	4.8	7:38	4.8			12:12	-0.3	5:08	7:04	
7	Sat	6:33	4.7	8:13	5.2	1:03	2.3	1:07	-0.1	5:06	7:05	
8	Sun	7:51	4.6	8:47	5.6	2:01	1.5	1:56	0.2	5:05	7:06	
9	Mon	9:03	4.7	9:21	6.0	2:53	0.6	2:42	0.6	5:04	7:07	
10	Tue	10:09	4.7	9:55	6.4	3:42	-0.2	3:26	1.1	5:03	7:08	
11	Wed	11:12	4.8	10:31	6.6	4:29	-0.9	4:10	1.7	5:03	7:08	
12	Thu			12:13	4.8	5:16	-1.4	4:55	2.2	5:02	7:09	
13	Fri			1:12	4.8	6:03	-1.6	5:43	2.6	5:01	7:10	
14	Sat			2:11	4.7	6:51	-1.6	6:34	2.9	5:00	7:11	
15	Sun	12:33	6.3	3:11	4.6	7:40	-1.3	7:31	3.2	4:59	7:12	
16	Mon	1:20	5.9	4:12	4.6	8:32	-1.0	8:39	3.3	4:58	7:13	
17	Tue	2:11	5.4	5:13	4.6	9:27	-0.6	9:59	3.3	4:57	7:14	
18	Wed	3:09	4.9	6:09	4.6	10:25	-0.2	11:21	3.0	4:57	7:15	
19	Thu	4:16	4.5	6:56	4.7	11:23	0.1			4:56	7:15	
20	Fri	5:31	4.1	7:34	4.9	12:32	2.6	12:16	0.4	4:55	7:16	
21	Sat	6:48	3.9	8:04	5.0	1:31	2.1	1:03	0.8	4:54	7:17	
22	Sun	8:01	3.8	8:31	5.2	2:20	1.5	1:45	1.2	4:54	7:18	
23	Mon	9:06	3.8	8:55	5.4	3:01	0.9	2:23	1.6	4:53	7:19	
24	Tue	10:03	3.9	9:20	5.6	3:38	0.4	2:59	2.0	4:52	7:19	
25	Wed	10:56	4.1	9:47	5.8	4:12	0.0	3:34	2.3	4:52	7:20	
26	Thu	11:46	4.2	10:16	5.9	4:45	-0.3	4:09	2.7	4:51	7:21	
27	Fri			12:33	4.3	5:18	-0.6	4:45	3.0	4:51	7:22	
28	Sat			1:20	4.4	5:53	-0.9	5:23	3.2	4:50	7:22	
29	Sun			2:07	4.4	6:31	-1.0	6:04	3.3	4:50	7:23	
30	Mon	12:02	6.0	2:55	4.4	7:13	-1.1	6:51	3.4	4:49	7:24	
31	Tue	12:45	5.9	3:44	4.5	7:59	-1.1	7:47	3.4	4:49	7:25	