

Alcatraz Island, CA - Jul 1949

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:26	5.4	4:28	5.3	9:11	-0.4	10:01	2.4	4:51	7:35	
2	Sat	3:34	4.8	5:09	5.6	9:58	0.2	11:17	1.8	4:51	7:35	
3	Sun	4:55	4.2	5:52	6.0	10:48	0.9			4:52	7:35	
4	Mon	6:30	3.9	6:36	6.3	12:29	1.1	11:42 AM	1.6	4:52	7:35	
5	Tue	8:06	3.9	7:21	6.5	1:34	0.4	12:40	2.2	4:53	7:35	
6	Wed	9:28	4.1	8:08	6.7	2:31	-0.3	1:40	2.7	4:53	7:34	
7	Thu	10:34	4.4	8:56	6.8	3:23	-0.8	2:39	3.1	4:54	7:34	
8	Fri	11:28	4.7	9:43	6.8	4:11	-1.1	3:35	3.2	4:54	7:34	
9	Sat			12:16	4.9	4:56	-1.2	4:29	3.2	4:55	7:34	
10	Sun			12:59	4.9	5:39	-1.2	5:19	3.2	4:56	7:33	
11	Mon			1:40	4.9	6:20	-1.0	6:08	3.1	4:56	7:33	
12	Tue			2:17	4.9	6:59	-0.8	6:57	3.0	4:57	7:32	
13	Wed	12:40	5.8	2:52	4.9	7:37	-0.5	7:48	2.9	4:58	7:32	
14	Thu	1:23	5.4	3:25	4.9	8:13	-0.1	8:42	2.8	4:58	7:32	
15	Fri	2:08	4.9	3:57	5.0	8:48	0.4	9:42	2.6	4:59	7:31	
16	Sat	3:00	4.3	4:29	5.1	9:25	0.9	10:48	2.3	5:00	7:31	
17	Sun	4:06	3.8	5:02	5.3	10:04	1.5	11:53	1.9	5:00	7:30	
18	Mon	5:33	3.5	5:39	5.5	10:48	2.2			5:01	7:29	
19	Tue	7:19	3.5	6:19	5.6	12:54	1.4	11:41 AM	2.7	5:02	7:29	
20	Wed	8:53	3.7	7:03	5.8	1:47	0.9	12:41	3.1	5:03	7:28	
21	Thu	9:57	4.0	7:49	6.1	2:34	0.4	1:40	3.4	5:03	7:27	
22	Fri	10:44	4.3	8:35	6.3	3:17	0.0	2:33	3.5	5:04	7:27	
23	Sat	11:24	4.5	9:22	6.5	3:58	-0.4	3:21	3.4	5:05	7:26	
24	Sun			12:00	4.7	4:38	-0.8	4:07	3.3	5:06	7:25	
25	Mon			12:35	4.8	5:18	-1.1	4:53	3.1	5:07	7:25	
26	Tue			1:10	5.0	5:57	-1.2	5:41	2.9	5:07	7:24	
27	Wed			1:44	5.1	6:37	-1.1	6:33	2.6	5:08	7:23	
28	Thu	12:33	6.4	2:20	5.4	7:17	-0.8	7:29	2.2	5:09	7:22	
29	Fri	1:27	5.9	2:56	5.6	7:57	-0.3	8:31	1.9	5:10	7:21	
30	Sat	2:26	5.3	3:35	5.9	8:38	0.3	9:39	1.5	5:11	7:20	
31	Sun	3:37	4.6	4:18	6.1	9:23	1.1	10:53	1.1	5:12	7:19	