

Alcatraz Island, CA - Aug 1949

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:05	4.1	5:05	6.3	10:14	1.9			5:12	7:18	
2	Tue	6:48	3.9	5:57	6.4	12:08	0.6	11:15 AM	2.6	5:13	7:17	
3	Wed	8:24	4.1	6:53	6.5	1:17	0.2	12:27	3.1	5:14	7:16	
4	Thu	9:35	4.5	7:50	6.6	2:19	-0.2	1:39	3.3	5:15	7:15	
5	Fri	10:29	4.7	8:45	6.6	3:13	-0.5	2:43	3.3	5:16	7:14	
6	Sat	11:13	4.9	9:35	6.5	4:00	-0.7	3:38	3.2	5:17	7:13	
7	Sun	11:52	5.0	10:22	6.4	4:43	-0.7	4:26	3.0	5:18	7:12	
8	Mon			12:27	5.0	5:21	-0.6	5:10	2.8	5:18	7:11	
9	Tue			12:59	5.0	5:56	-0.5	5:52	2.6	5:19	7:10	
10	Wed			1:28	5.1	6:29	-0.2	6:33	2.5	5:20	7:09	
11	Thu	12:25	5.7	1:54	5.1	7:00	0.1	7:15	2.3	5:21	7:08	
12	Fri	1:05	5.2	2:19	5.2	7:29	0.6	7:59	2.1	5:22	7:06	
13	Sat	1:49	4.8	2:45	5.3	7:59	1.1	8:47	2.0	5:23	7:05	
14	Sun	2:39	4.3	3:14	5.3	8:30	1.7	9:42	1.8	5:24	7:04	
15	Mon	3:44	3.9	3:48	5.4	9:04	2.3	10:45	1.6	5:24	7:03	
16	Tue	5:14	3.6	4:30	5.5	9:47	2.8	11:53	1.3	5:25	7:01	
17	Wed	7:12	3.7	5:20	5.6	10:50	3.3			5:26	7:00	
18	Thu	8:44	4.0	6:18	5.7	12:59	0.9	12:11	3.6	5:27	6:59	
19	Fri	9:36	4.3	7:17	5.9	1:56	0.5	1:23	3.6	5:28	6:57	
20	Sat	10:14	4.5	8:13	6.2	2:45	0.0	2:19	3.4	5:29	6:56	
21	Sun	10:47	4.7	9:05	6.5	3:29	-0.4	3:08	3.2	5:30	6:55	
22	Mon	11:19	4.9	9:56	6.7	4:11	-0.7	3:54	2.8	5:31	6:53	
23	Tue	11:50	5.1	10:46	6.7	4:50	-0.9	4:40	2.4	5:31	6:52	
24	Wed			12:22	5.3	5:29	-0.8	5:28	1.9	5:32	6:51	
25	Thu			12:54	5.6	6:07	-0.5	6:19	1.4	5:33	6:49	
26	Fri	12:31	6.2	1:28	5.9	6:45	0.0	7:13	1.0	5:34	6:48	
27	Sat	1:28	5.6	2:04	6.1	7:24	0.6	8:11	0.7	5:35	6:46	
28	Sun	2:32	5.0	2:44	6.3	8:06	1.4	9:15	0.5	5:36	6:45	
29	Mon	3:48	4.5	3:30	6.3	8:52	2.2	10:26	0.4	5:37	6:44	
30	Tue	5:20	4.2	4:23	6.2	9:51	2.8	11:43	0.3	5:37	6:42	
31	Wed	7:02	4.2	5:27	6.1	11:11	3.3			5:38	6:41	