

Alcatraz Island, CA - Dec 1949

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:38	5.7	9:58	4.2	2:08	1.9	3:27	0.5	7:06	4:51	
2	Fri	9:04	5.9	10:51	4.3	2:46	2.3	4:01	0.1	7:07	4:50	
3	Sat	9:31	6.0	11:39	4.4	3:23	2.7	4:34	-0.2	7:08	4:50	
4	Sun	10:00	6.1			3:59	3.0	5:06	-0.4	7:09	4:50	
5	Mon	12:23	4.5	10:32 AM	6.2	4:35	3.2	5:39	-0.6	7:10	4:50	
6	Tue	1:06	4.6	11:06 AM	6.2	5:11	3.4	6:15	-0.7	7:11	4:50	
7	Wed	1:49	4.6	11:44 AM	6.1	5:50	3.5	6:53	-0.8	7:11	4:50	
8	Thu	2:33	4.6	12:24	6.0	6:33	3.5	7:35	-0.8	7:12	4:50	
9	Fri	3:17	4.6	1:09	5.8	7:23	3.5	8:20	-0.7	7:13	4:50	
10	Sat	4:02	4.7	2:01	5.4	8:24	3.4	9:08	-0.4	7:14	4:50	
11	Sun	4:47	4.8	3:03	5.0	9:40	3.2	9:58	-0.1	7:15	4:50	
12	Mon	5:29	5.1	4:19	4.5	11:01	2.7	10:51	0.4	7:15	4:51	
13	Tue	6:10	5.4	5:48	4.2			12:15	2.0	7:16	4:51	
14	Wed	6:49	5.8	7:20	4.1			1:19	1.1	7:17	4:51	
15	Thu	7:29	6.2	8:45	4.2	12:40	1.5	2:15	0.3	7:18	4:51	
16	Fri	8:09	6.6	9:58	4.5	1:34	2.0	3:06	-0.5	7:18	4:52	
17	Sat	8:51	6.9	11:00	4.7	2:27	2.5	3:54	-1.1	7:19	4:52	
18	Sun	9:35	7.1	11:56	4.9	3:20	2.9	4:41	-1.5	7:19	4:52	
19	Mon	10:20	7.1			4:12	3.1	5:28	-1.6	7:20	4:53	
20	Tue	12:48	5.0	11:06 AM	7.0	5:05	3.2	6:14	-1.6	7:21	4:53	
21	Wed	1:36	5.1	11:54 AM	6.7	5:58	3.2	7:00	-1.3	7:21	4:54	
22	Thu	2:23	5.0	12:41	6.3	6:53	3.2	7:45	-1.0	7:22	4:54	
23	Fri	3:09	5.0	1:29	5.8	7:51	3.1	8:29	-0.6	7:22	4:55	
24	Sat	3:54	5.0	2:20	5.2	8:56	3.0	9:14	-0.1	7:23	4:55	
25	Sun	4:37	5.0	3:17	4.6	10:07	2.8	9:59	0.5	7:23	4:56	
26	Mon	5:18	5.1	4:27	4.0	11:21	2.5	10:46	1.1	7:23	4:57	
27	Tue	5:56	5.2	5:55	3.6			12:29	2.0	7:24	4:57	
28	Wed	6:31	5.4	7:32	3.5			1:28	1.5	7:24	4:58	
29	Thu	7:06	5.6	8:57	3.7	12:26	2.2	2:17	0.9	7:24	4:59	
30	Fri	7:41	5.7	10:02	4.0	1:18	2.7	3:00	0.4	7:24	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	8:16	5.9	10:55	4.3	2:08	3.0	3:38	0.0	7:25	5:00	