

Alcatraz Island, CA - May 1953

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:57	5.8	3:15	4.3	7:52	-0.8	7:28	3.0	6:13	7:59	
2	Sat	1:34	5.8	4:08	4.2	8:36	-0.9	8:13	3.1	6:12	8:00	
3	Sun	2:17	5.7	5:06	4.2	9:25	-0.8	9:10	3.2	6:11	8:01	
4	Mon	3:08	5.5	6:04	4.3	10:20	-0.7	10:25	3.2	6:10	8:02	
5	Tue	4:10	5.2	6:58	4.4	11:20	-0.5	11:54	2.9	6:09	8:03	
6	Wed	5:24	4.8	7:45	4.7			12:20	-0.3	6:07	8:04	
7	Thu	6:47	4.6	8:26	5.1	1:15	2.3	1:18	0.0	6:06	8:05	
8	Fri	8:09	4.4	9:04	5.5	2:22	1.6	2:11	0.4	6:05	8:06	
9	Sat	9:26	4.4	9:41	6.0	3:19	0.7	3:01	0.8	6:04	8:07	
10	Sun	10:37	4.5	10:18	6.3	4:10	-0.1	3:48	1.3	6:03	8:08	
11	Mon	11:41	4.6	10:56	6.5	4:58	-0.8	4:35	1.7	6:02	8:08	
12	Tue			12:40	4.7	5:44	-1.2	5:21	2.1	6:02	8:09	
13	Wed			1:37	4.7	6:30	-1.5	6:09	2.5	6:01	8:10	
14	Thu	12:16	6.5	2:32	4.7	7:16	-1.5	6:59	2.8	6:00	8:11	
15	Fri	12:58	6.3	3:26	4.7	8:02	-1.3	7:51	3.0	5:59	8:12	
16	Sat	1:42	6.0	4:19	4.6	8:49	-1.1	8:49	3.1	5:58	8:13	
17	Sun	2:28	5.6	5:13	4.5	9:37	-0.7	9:54	3.1	5:57	8:14	
18	Mon	3:18	5.1	6:06	4.5	10:28	-0.3	11:09	3.0	5:56	8:15	
19	Tue	4:14	4.6	6:55	4.6	11:20	0.1			5:56	8:15	
20	Wed	5:20	4.2	7:36	4.7	12:23	2.7	12:12	0.5	5:55	8:16	
21	Thu	6:35	3.8	8:12	4.9	1:30	2.3	1:02	0.8	5:54	8:17	
22	Fri	7:55	3.6	8:42	5.1	2:27	1.7	1:49	1.2	5:54	8:18	
23	Sat	9:10	3.6	9:11	5.3	3:15	1.2	2:32	1.6	5:53	8:19	
24	Sun	10:17	3.8	9:40	5.6	3:56	0.6	3:13	2.0	5:52	8:19	
25	Mon	11:14	3.9	10:09	5.8	4:33	0.2	3:52	2.4	5:52	8:20	
26	Tue			12:06	4.1	5:09	-0.3	4:30	2.7	5:51	8:21	
27	Wed			12:53	4.3	5:43	-0.6	5:08	2.9	5:51	8:22	
28	Thu			1:39	4.4	6:19	-0.9	5:48	3.0	5:50	8:22	
29	Fri			2:24	4.5	6:58	-1.1	6:30	3.1	5:50	8:23	
30	Sat	12:34	6.2	3:08	4.5	7:39	-1.3	7:16	3.2	5:49	8:24	
31	Sun	1:18	6.1	3:54	4.6	8:23	-1.3	8:09	3.1	5:49	8:25	