

Alcatraz Island, CA - Aug 1953

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:18	4.3	5:19	6.3	10:32	1.8			6:12	8:18	
2	Sun	6:53	4.0	6:12	6.4	12:19	0.7	11:30 AM	2.5	6:13	8:17	
3	Mon	8:33	4.0	7:11	6.4	1:33	0.3	12:42	3.0	6:14	8:16	
4	Tue	9:52	4.3	8:11	6.4	2:41	0.0	1:58	3.2	6:15	8:15	
5	Wed	10:50	4.6	9:08	6.4	3:39	-0.2	3:06	3.2	6:16	8:14	
6	Thu	11:37	4.8	10:01	6.4	4:29	-0.4	4:04	3.1	6:17	8:13	
7	Fri			12:16	5.0	5:12	-0.5	4:53	2.9	6:18	8:12	
8	Sat			12:51	5.0	5:49	-0.4	5:37	2.7	6:18	8:11	
9	Sun			1:22	5.1	6:23	-0.3	6:18	2.5	6:19	8:10	
10	Mon	12:12	6.0	1:49	5.1	6:53	-0.1	6:57	2.3	6:20	8:09	
11	Tue	12:50	5.7	2:14	5.2	7:22	0.2	7:36	2.1	6:21	8:07	
12	Wed	1:29	5.4	2:37	5.2	7:50	0.5	8:15	2.0	6:22	8:06	
13	Thu	2:10	5.0	3:02	5.3	8:17	1.0	8:57	1.8	6:23	8:05	
14	Fri	2:54	4.6	3:29	5.4	8:45	1.5	9:44	1.7	6:24	8:04	
15	Sat	3:46	4.2	4:00	5.5	9:15	2.0	10:38	1.5	6:25	8:03	
16	Sun	4:55	3.8	4:39	5.5	9:50	2.6	11:42	1.4	6:25	8:01	
17	Mon	6:30	3.6	5:26	5.6	10:36	3.1			6:26	8:00	
18	Tue	8:24	3.7	6:24	5.7	12:52	1.1	11:47 AM	3.4	6:27	7:59	
19	Wed	9:41	4.0	7:26	5.9	1:58	0.7	1:13	3.5	6:28	7:57	
20	Thu	10:27	4.3	8:27	6.1	2:56	0.3	2:25	3.4	6:29	7:56	
21	Fri	11:03	4.5	9:25	6.4	3:45	-0.2	3:22	3.1	6:30	7:55	
22	Sat	11:35	4.8	10:19	6.6	4:29	-0.5	4:13	2.7	6:31	7:53	
23	Sun			12:07	5.1	5:11	-0.7	5:02	2.2	6:31	7:52	
24	Mon			12:40	5.4	5:50	-0.7	5:52	1.7	6:32	7:51	
25	Tue	12:05	6.6	1:13	5.7	6:29	-0.5	6:42	1.2	6:33	7:49	
26	Wed	12:59	6.3	1:47	6.0	7:08	-0.1	7:35	0.8	6:34	7:48	
27	Thu	1:56	5.8	2:24	6.3	7:48	0.5	8:30	0.5	6:35	7:46	
28	Fri	2:57	5.3	3:03	6.4	8:29	1.2	9:30	0.3	6:36	7:45	
29	Sat	4:05	4.8	3:47	6.4	9:15	2.0	10:36	0.3	6:37	7:43	
30	Sun	5:26	4.4	4:38	6.3	10:09	2.6	11:50	0.3	6:37	7:42	
31	Mon	7:00	4.3	5:38	6.1	11:20	3.1			6:38	7:41	