

Alcatraz Island, CA - Jan 1955

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:43	5.7	5:08	3.9	11:11	1.6	10:31	1.6	7:25	5:01	
2	Sun	5:29	6.0	6:48	3.8			12:23	0.9	7:25	5:01	
3	Mon	6:19	6.3	8:20	4.0			1:28	0.3	7:25	5:02	
4	Tue	7:12	6.6	9:32	4.3	12:39	2.6	2:26	-0.4	7:25	5:03	
5	Wed	8:06	6.8	10:29	4.7	1:45	2.8	3:18	-0.9	7:25	5:04	
6	Thu	9:00	7.0	11:18	5.0	2:47	2.9	4:08	-1.3	7:25	5:05	
7	Fri	9:52	7.1			3:44	2.8	4:54	-1.5	7:25	5:06	
8	Sat	12:03	5.2	10:44 AM	7.0	4:39	2.6	5:39	-1.4	7:25	5:07	
9	Sun	12:45	5.3	11:34 AM	6.7	5:33	2.5	6:21	-1.2	7:25	5:08	
10	Mon	1:26	5.4	12:23	6.3	6:27	2.3	7:02	-0.9	7:25	5:09	
11	Tue	2:05	5.5	1:12	5.8	7:21	2.1	7:42	-0.4	7:25	5:10	
12	Wed	2:44	5.5	2:03	5.1	8:18	2.0	8:21	0.2	7:24	5:10	
13	Thu	3:22	5.6	3:00	4.5	9:19	1.9	9:02	0.9	7:24	5:11	
14	Fri	4:01	5.6	4:08	3.9	10:25	1.7	9:46	1.6	7:24	5:13	
15	Sat	4:42	5.6	5:37	3.6	11:34	1.5	10:38	2.2	7:24	5:14	
16	Sun	5:27	5.6	7:23	3.6			12:41	1.1	7:23	5:15	
17	Mon	6:14	5.6	8:49	3.8			1:40	0.8	7:23	5:16	
18	Tue	7:03	5.7	9:47	4.1	12:49	3.1	2:31	0.4	7:23	5:17	
19	Wed	7:51	5.8	10:29	4.3	1:50	3.2	3:14	0.1	7:22	5:18	
20	Thu	8:36	6.0	11:04	4.5	2:42	3.2	3:52	-0.2	7:22	5:19	
21	Fri	9:19	6.1	11:35	4.6	3:26	3.1	4:27	-0.4	7:21	5:20	
22	Sat	10:00	6.2			4:06	2.9	4:59	-0.6	7:21	5:21	
23	Sun	12:03	4.8	10:40 AM	6.2	4:44	2.8	5:30	-0.6	7:20	5:22	
24	Mon	12:32	4.9	11:20 AM	6.1	5:21	2.6	6:01	-0.6	7:19	5:23	
25	Tue	1:00	5.1	12:01	5.9	6:01	2.3	6:33	-0.5	7:19	5:24	
26	Wed	1:30	5.3	12:45	5.6	6:44	2.0	7:06	-0.2	7:18	5:25	
27	Thu	2:01	5.4	1:33	5.2	7:32	1.8	7:42	0.3	7:17	5:26	
28	Fri	2:34	5.6	2:30	4.7	8:26	1.5	8:20	0.9	7:17	5:28	
29	Sat	3:12	5.8	3:41	4.1	9:28	1.2	9:04	1.6	7:16	5:29	
30	Sun	3:55	6.0	5:12	3.8	10:40	0.9	9:58	2.2	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	4:47	6.1	6:57	3.8	11:57	0.5	11:07	2.7	7:14	5:31	