

Alcatraz Island, CA - Mar 1955

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:16	6.0	6:57	4.0	11:33	0.1	11:07	3.0	6:41	6:02	
2	Wed	5:25	5.9	8:11	4.3			12:49	-0.1	6:40	6:03	
3	Thu	6:39	5.9	9:06	4.6	12:36	2.9	1:55	-0.3	6:38	6:04	
4	Fri	7:48	5.9	9:49	4.9	1:50	2.6	2:49	-0.4	6:37	6:05	
5	Sat	8:49	6.0	10:27	5.2	2:51	2.2	3:35	-0.5	6:36	6:06	
6	Sun	9:44	5.9	11:02	5.4	3:43	1.8	4:15	-0.4	6:34	6:07	
7	Mon	10:35	5.8	11:34	5.5	4:29	1.4	4:52	-0.1	6:33	6:08	
8	Tue	11:22	5.6			5:13	1.0	5:26	0.2	6:31	6:09	
9	Wed	12:04	5.6	12:08	5.3	5:54	0.8	5:59	0.6	6:30	6:10	
10	Thu	12:32	5.6	12:54	4.9	6:34	0.6	6:32	1.1	6:28	6:11	
11	Fri	1:00	5.6	1:40	4.6	7:14	0.5	7:05	1.6	6:27	6:12	
12	Sat	1:28	5.6	2:30	4.2	7:55	0.5	7:39	2.1	6:25	6:13	
13	Sun	1:59	5.5	3:29	3.9	8:41	0.6	8:17	2.6	6:24	6:14	
14	Mon	2:36	5.3	4:42	3.7	9:34	0.7	9:05	2.9	6:22	6:15	
15	Tue	3:21	5.1	6:16	3.7	10:37	0.8	10:17	3.2	6:21	6:16	
16	Wed	4:18	5.0	7:37	3.8	11:47	0.7	11:50	3.2	6:19	6:17	
17	Thu	5:25	4.9	8:27	4.0			12:53	0.6	6:18	6:18	
18	Fri	6:34	4.9	9:01	4.3	1:04	3.0	1:46	0.4	6:16	6:19	
19	Sat	7:36	5.1	9:30	4.5	1:59	2.7	2:30	0.2	6:15	6:20	
20	Sun	8:32	5.2	9:57	4.8	2:43	2.2	3:08	0.1	6:13	6:20	
21	Mon	9:24	5.4	10:25	5.1	3:24	1.7	3:44	0.1	6:12	6:21	
22	Tue	10:14	5.4	10:53	5.4	4:03	1.2	4:18	0.2	6:10	6:22	
23	Wed	11:04	5.4	11:23	5.8	4:43	0.6	4:54	0.5	6:09	6:23	
24	Thu	11:55	5.3	11:56	6.0	5:25	0.1	5:30	0.8	6:07	6:24	
25	Fri			12:49	5.1	6:10	-0.3	6:09	1.3	6:06	6:25	
26	Sat	12:32	6.2	1:46	4.8	6:58	-0.6	6:51	1.7	6:04	6:26	
27	Sun	1:11	6.3	2:49	4.5	7:50	-0.7	7:38	2.2	6:03	6:27	
28	Mon	1:57	6.2	4:01	4.3	8:48	-0.6	8:34	2.6	6:01	6:28	
29	Tue	2:51	6.0	5:20	4.2	9:54	-0.4	9:49	2.9	5:59	6:29	
30	Wed	3:55	5.7	6:37	4.3	11:08	-0.3	11:20	2.8	5:58	6:30	
31	Thu	5:10	5.4	7:40	4.6			12:21	-0.2	5:56	6:31	