

Alcatraz Island, CA - Jan 1956

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:27	5.6	1:38	5.9	7:44	2.1	8:08	-0.6	7:25	5:00	
2	Mon	3:12	5.7	2:37	5.2	8:50	1.9	8:54	0.1	7:25	5:01	
3	Tue	3:58	5.8	3:45	4.5	10:01	1.7	9:44	0.8	7:25	5:02	
4	Wed	4:45	5.9	5:06	4.0	11:16	1.4	10:38	1.5	7:25	5:03	
5	Thu	5:34	5.9	6:40	3.8			12:28	1.1	7:25	5:04	
6	Fri	6:24	6.0	8:11	3.9			1:32	0.7	7:25	5:05	
7	Sat	7:12	6.0	9:22	4.1	12:43	2.6	2:26	0.3	7:25	5:06	
8	Sun	7:58	6.0	10:16	4.4	1:44	2.8	3:12	0.0	7:25	5:06	
9	Mon	8:41	6.1	10:59	4.6	2:38	3.0	3:53	-0.2	7:25	5:07	
10	Tue	9:22	6.1	11:36	4.7	3:26	3.0	4:28	-0.3	7:25	5:08	
11	Wed	10:00	6.1			4:08	3.0	5:01	-0.4	7:25	5:09	
12	Thu	12:09	4.7	10:37 AM	6.1	4:46	2.9	5:32	-0.5	7:25	5:10	
13	Fri	12:38	4.8	11:13 AM	6.0	5:22	2.8	6:02	-0.4	7:24	5:11	
14	Sat	1:06	4.9	11:50 AM	5.8	5:58	2.7	6:31	-0.3	7:24	5:12	
15	Sun	1:33	5.0	12:27	5.5	6:35	2.5	7:00	-0.2	7:24	5:13	
16	Mon	2:02	5.1	1:06	5.2	7:16	2.4	7:32	0.1	7:23	5:14	
17	Tue	2:32	5.2	1:50	4.8	8:02	2.2	8:05	0.5	7:23	5:15	
18	Wed	3:05	5.4	2:44	4.4	8:55	2.0	8:43	1.0	7:23	5:16	
19	Thu	3:41	5.5	3:54	3.9	9:57	1.7	9:27	1.6	7:22	5:17	
20	Fri	4:24	5.7	5:27	3.6	11:07	1.3	10:20	2.2	7:22	5:19	
21	Sat	5:13	5.9	7:10	3.7			12:19	0.8	7:21	5:20	
22	Sun	6:09	6.1	8:34	4.0			1:25	0.2	7:21	5:21	
23	Mon	7:08	6.4	9:36	4.4	12:41	2.9	2:23	-0.4	7:20	5:22	
24	Tue	8:06	6.7	10:25	4.7	1:50	2.9	3:15	-0.9	7:20	5:23	
25	Wed	9:03	6.9	11:09	5.0	2:52	2.7	4:03	-1.2	7:19	5:24	
26	Thu	9:58	7.0	11:50	5.3	3:49	2.4	4:49	-1.4	7:18	5:25	
27	Fri	10:51	6.9			4:43	2.1	5:33	-1.3	7:18	5:26	
28	Sat	12:29	5.5	11:43 AM	6.6	5:36	1.8	6:15	-1.0	7:17	5:27	
29	Sun	1:08	5.7	12:35	6.2	6:30	1.5	6:56	-0.6	7:16	5:28	
30	Mon	1:47	5.9	1:28	5.6	7:25	1.3	7:37	0.0	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	2:27	5.9	2:25	5.0	8:22	1.2	8:19	0.7	7:15	5:31	