

Alcatraz Island, CA - Jun 1956

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:21	3.9	6:57	4.9	12:18	2.5	11:45 AM	0.8	5:48	8:25	
2	Sat	6:40	3.7	7:36	5.2	1:21	2.0	12:35	1.2	5:48	8:26	
3	Sun	8:03	3.6	8:14	5.5	2:15	1.4	1:26	1.5	5:48	8:27	
4	Mon	9:21	3.8	8:53	5.9	3:03	0.8	2:17	1.9	5:47	8:27	
5	Tue	10:28	4.0	9:33	6.2	3:47	0.1	3:07	2.2	5:47	8:28	
6	Wed	11:27	4.3	10:15	6.5	4:30	-0.5	3:56	2.4	5:47	8:29	
7	Thu			12:20	4.5	5:13	-1.0	4:46	2.5	5:47	8:29	
8	Fri			1:11	4.7	5:58	-1.4	5:36	2.6	5:47	8:30	
9	Sat			1:59	4.9	6:44	-1.7	6:29	2.6	5:47	8:30	
10	Sun	12:36	6.8	2:47	5.0	7:32	-1.7	7:25	2.5	5:46	8:31	
11	Mon	1:28	6.6	3:34	5.2	8:20	-1.5	8:27	2.4	5:46	8:31	
12	Tue	2:23	6.2	4:22	5.3	9:09	-1.2	9:34	2.3	5:46	8:32	
13	Wed	3:22	5.6	5:11	5.5	9:59	-0.7	10:49	2.0	5:46	8:32	
14	Thu	4:28	4.9	6:00	5.6	10:51	-0.1			5:46	8:32	
15	Fri	5:44	4.4	6:49	5.8	12:06	1.6	11:45 AM	0.6	5:46	8:33	
16	Sat	7:10	4.0	7:37	6.0	1:20	1.2	12:42	1.2	5:46	8:33	
17	Sun	8:39	3.9	8:24	6.2	2:25	0.6	1:40	1.8	5:47	8:34	
18	Mon	9:57	4.0	9:08	6.2	3:22	0.2	2:37	2.2	5:47	8:34	
19	Tue	11:01	4.2	9:49	6.3	4:11	-0.2	3:30	2.5	5:47	8:34	
20	Wed	11:55	4.4	10:29	6.2	4:54	-0.5	4:20	2.7	5:47	8:34	
21	Thu			12:41	4.6	5:33	-0.6	5:05	2.9	5:47	8:35	
22	Fri			1:22	4.6	6:09	-0.7	5:48	2.9	5:47	8:35	
23	Sat			1:59	4.7	6:44	-0.7	6:29	3.0	5:48	8:35	
24	Sun	12:19	5.9	2:33	4.7	7:17	-0.6	7:09	2.9	5:48	8:35	
25	Mon	12:56	5.7	3:04	4.7	7:49	-0.5	7:50	2.9	5:48	8:35	
26	Tue	1:33	5.5	3:35	4.8	8:21	-0.3	8:33	2.8	5:49	8:35	
27	Wed	2:12	5.2	4:07	4.9	8:55	-0.1	9:22	2.7	5:49	8:35	
28	Thu	2:55	4.8	4:40	5.0	9:29	0.2	10:18	2.5	5:49	8:35	
29	Fri	3:44	4.4	5:16	5.2	10:07	0.7	11:21	2.2	5:50	8:35	
30	Sat	4:47	4.0	5:55	5.4	10:49	1.1			5:50	8:35	