US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 1956

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**5:07**	3.6	**5:36**	5.6	**10:37**	1.6			5:51	8:35	
2	Mon	**6:40**	3.6	**6:21**	5.9	**12:30**	1.3	**11:33 AM**	2.1	5:51	8:35	
3	Tue	**8:08**	3.7	**7:09**	6.2	**1:27**	0.7	**12:33**	2.5	5:52	8:35	
4	Wed	**9:20**	4.0	**7:58**	6.5	**2:19**	0.0	**1:33**	2.7	5:52	8:35	
5	Thu	**10:17**	4.4	**8:49**	6.8	**3:08**	-0.6	**2:31**	2.8	5:53	8:35	
6	Fri	**11:07**	4.7	**9:41**	7.0	**3:55**	-1.1	**3:27**	2.7	5:53	8:34	
7	Sat	**11:52**	4.9	**10:33**	7.1	**4:42**	-1.4	**4:22**	2.6	5:54	8:34	
8	Sun			**12:36**	5.2	**5:28**	-1.5	**5:18**	2.4	5:55	8:34	
9	Mon			**1:18**	5.4	**6:14**	-1.5	**6:15**	2.2	5:55	8:33	
10	Tue	**12:19**	6.6	**2:01**	5.6	**6:59**	-1.2	**7:14**	2.0	5:56	8:33	
11	Wed	**1:15**	6.1	**2:44**	5.8	**7:44**	-0.7	**8:18**	1.8	5:56	8:33	
12	Thu	**2:13**	5.5	**3:28**	5.9	**8:29**	-0.1	**9:26**	1.5	5:57	8:32	
13	Fri	**3:18**	4.8	**4:14**	6.0	**9:17**	0.6	**10:39**	1.3	5:58	8:32	
14	Sat	**4:34**	4.3	**5:03**	6.1	**10:09**	1.3	**11:52**	1.0	5:59	8:31	
15	Sun	**6:03**	3.9	**5:54**	6.1	**11:08**	2.0			5:59	8:31	
16	Mon	**7:36**	3.9	**6:45**	6.1	**1:00**	0.6	**12:13**	2.5	6:00	8:30	
17	Tue	**8:54**	4.1	**7:36**	6.2	**2:00**	0.3	**1:17**	2.8	6:01	8:30	
18	Wed	**9:53**	4.4	**8:23**	6.2	**2:51**	0.1	**2:16**	2.9	6:01	8:29	
19	Thu	**10:41**	4.6	**9:07**	6.2	**3:35**	-0.1	**3:07**	3.0	6:02	8:29	
20	Fri	**11:21**	4.7	**9:47**	6.1	**4:14**	-0.2	**3:52**	2.9	6:03	8:28	
21	Sat	**11:55**	4.8	**10:26**	6.1	**4:49**	-0.3	**4:32**	2.9	6:04	8:27	
22	Sun			**12:25**	4.8	**5:21**	-0.3	**5:10**	2.8	6:05	8:27	
23	Mon			**12:53**	4.9	**5:51**	-0.2	**5:47**	2.6	6:05	8:26	
24	Tue			**1:19**	5.0	**6:20**	-0.1	**6:24**	2.5	6:06	8:25	
25	Wed	**12:17**	5.6	**1:46**	5.1	**6:49**	0.1	**7:04**	2.4	6:07	8:24	
26	Thu	**12:56**	5.3	**2:14**	5.2	**7:19**	0.3	**7:47**	2.2	6:08	8:23	
27	Fri	**1:39**	4.9	**2:45**	5.4	**7:51**	0.7	**8:35**	2.0	6:09	8:23	
28	Sat	**2:28**	4.5	**3:20**	5.5	**8:25**	1.2	**9:31**	1.8	6:09	8:22	
29	Sun	**3:30**	4.1	**3:59**	5.7	**9:05**	1.7	**10:36**	1.5	6:10	8:21	
30	Mon	**4:52**	3.8	**4:45**	5.9	**9:54**	2.2	**11:45**	1.1	6:11	8:20	
31	Tue	**6:30**	3.7	**5:39**	6.1	**10:56**	2.6			6:12	8:19	