

Alcatraz Island, CA - Dec 1956

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:12	6.5			4:03	2.6	5:07	-0.8	7:06	4:51	
2	Sun	12:14	4.9	10:49 AM	6.4	4:48	2.8	5:44	-0.8	7:07	4:50	
3	Mon	12:58	4.9	11:26 AM	6.2	5:32	2.9	6:21	-0.7	7:08	4:50	
4	Tue	1:40	4.9	12:03	5.9	6:15	3.0	6:58	-0.6	7:09	4:50	
5	Wed	2:20	4.8	12:41	5.6	7:00	3.1	7:35	-0.3	7:10	4:50	
6	Thu	2:59	4.8	1:22	5.3	7:49	3.1	8:13	-0.1	7:11	4:50	
7	Fri	3:37	4.8	2:06	4.9	8:44	3.0	8:53	0.3	7:12	4:50	
8	Sat	4:16	4.8	2:58	4.4	9:50	2.9	9:36	0.7	7:13	4:50	
9	Sun	4:55	4.9	4:03	4.0	11:00	2.6	10:22	1.1	7:13	4:50	
10	Mon	5:35	5.1	5:23	3.7			12:07	2.2	7:14	4:50	
11	Tue	6:14	5.3	6:50	3.6			1:04	1.7	7:15	4:50	
12	Wed	6:54	5.6	8:11	3.8	12:06	1.9	1:52	1.1	7:16	4:51	
13	Thu	7:33	5.9	9:18	4.1	12:59	2.3	2:35	0.4	7:16	4:51	
14	Fri	8:14	6.2	10:14	4.3	1:50	2.5	3:16	-0.2	7:17	4:51	
15	Sat	8:55	6.5	11:04	4.6	2:40	2.7	3:57	-0.7	7:18	4:51	
16	Sun	9:39	6.7	11:50	4.8	3:28	2.8	4:39	-1.1	7:18	4:52	
17	Mon	10:24	6.9			4:16	2.8	5:22	-1.4	7:19	4:52	
18	Tue	12:35	5.0	11:12 AM	6.9	5:05	2.7	6:06	-1.5	7:20	4:52	
19	Wed	1:19	5.1	12:02	6.7	5:58	2.6	6:51	-1.4	7:20	4:53	
20	Thu	2:03	5.3	12:54	6.4	6:54	2.5	7:37	-1.1	7:21	4:53	
21	Fri	2:48	5.4	1:51	5.9	7:56	2.3	8:24	-0.6	7:21	4:54	
22	Sat	3:35	5.6	2:54	5.2	9:07	2.1	9:14	0.0	7:22	4:54	
23	Sun	4:23	5.7	4:08	4.6	10:24	1.8	10:07	0.7	7:22	4:55	
24	Mon	5:12	5.9	5:34	4.1	11:42	1.3	11:05	1.4	7:23	4:55	
25	Tue	6:03	6.1	7:08	4.0			12:53	0.8	7:23	4:56	
26	Wed	6:53	6.3	8:33	4.1	12:08	2.0	1:55	0.3	7:23	4:57	
27	Thu	7:42	6.4	9:41	4.4	1:11	2.4	2:49	-0.2	7:24	4:57	
28	Fri	8:28	6.4	10:36	4.6	2:10	2.7	3:35	-0.5	7:24	4:58	
29	Sat	9:12	6.4	11:22	4.8	3:04	2.8	4:16	-0.6	7:24	4:59	
30	Sun	9:53	6.4			3:53	2.9	4:54	-0.7	7:25	4:59	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	12:03	4.9	10:32 AM	6.3	4:37	2.9	5:28	-0.6	7:25	5:00	