

Alcatraz Island, CA - Mar 1957

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:24	5.3			5:20	1.6	5:34	0.4	6:41	6:03	●
2	Sat	12:11	5.2	12:02	5.2	5:53	1.3	6:02	0.6	6:39	6:04	●
3	Sun	12:35	5.3	12:41	4.9	6:26	1.1	6:30	0.9	6:38	6:05	●
4	Mon	1:02	5.4	1:23	4.7	7:02	1.0	7:00	1.3	6:36	6:06	●
5	Tue	1:31	5.5	2:10	4.4	7:41	0.8	7:33	1.7	6:35	6:07	◐
6	Wed	2:04	5.5	3:06	4.1	8:27	0.7	8:12	2.1	6:33	6:08	◑
7	Thu	2:43	5.5	4:18	3.8	9:22	0.7	9:00	2.5	6:32	6:09	◑
8	Fri	3:31	5.5	5:46	3.8	10:28	0.6	10:06	2.8	6:30	6:10	◑
9	Sat	4:31	5.5	7:09	3.9	11:41	0.4	11:30	2.9	6:29	6:11	◑
10	Sun	5:41	5.5	8:12	4.2			12:50	0.1	6:27	6:11	◑
11	Mon	6:52	5.7	8:59	4.6	12:50	2.7	1:50	-0.2	6:26	6:12	◑
12	Tue	7:59	5.8	9:40	5.0	1:57	2.3	2:43	-0.4	6:25	6:13	◑
13	Wed	9:01	6.0	10:18	5.4	2:54	1.7	3:30	-0.5	6:23	6:14	○
14	Thu	9:59	6.1	10:56	5.7	3:46	1.1	4:14	-0.4	6:22	6:15	○
15	Fri	10:54	6.0	11:33	6.0	4:36	0.6	4:56	-0.2	6:20	6:16	○
16	Sat	11:49	5.8			5:25	0.1	5:38	0.2	6:18	6:17	○
17	Sun	12:11	6.2	12:43	5.5	6:14	-0.2	6:21	0.7	6:17	6:18	○
18	Mon	12:49	6.2	1:39	5.1	7:04	-0.3	7:04	1.2	6:15	6:19	○
19	Tue	1:30	6.2	2:39	4.7	7:56	-0.3	7:51	1.8	6:14	6:20	○
20	Wed	2:13	6.0	3:45	4.4	8:52	-0.1	8:45	2.3	6:12	6:21	○
21	Thu	3:00	5.7	5:01	4.2	9:53	0.1	9:53	2.6	6:11	6:22	○
22	Fri	3:55	5.3	6:23	4.2	11:01	0.3	11:15	2.8	6:09	6:23	○
23	Sat	4:59	5.0	7:34	4.3			12:11	0.4	6:08	6:24	◐
24	Sun	6:09	4.9	8:27	4.5	12:34	2.7	1:13	0.5	6:06	6:25	◐
25	Mon	7:16	4.8	9:07	4.6	1:38	2.5	2:05	0.5	6:05	6:26	◐
26	Tue	8:15	4.9	9:39	4.8	2:30	2.1	2:48	0.5	6:03	6:26	◐
27	Wed	9:06	4.9	10:06	4.9	3:13	1.7	3:25	0.5	6:02	6:27	◑
28	Thu	9:51	4.9	10:31	5.1	3:51	1.4	3:58	0.6	6:00	6:28	◑
29	Fri	10:34	4.9	10:56	5.2	4:26	1.1	4:28	0.8	5:59	6:29	◑
30	Sat	11:15	4.9	11:21	5.4	4:58	0.7	4:58	1.0	5:57	6:30	◑
31	Sun	11:57	4.8	11:48	5.5	5:30	0.5	5:27	1.3	5:56	6:31	●