

Alcatraz Island, CA - Aug 1957

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:29	4.8	4:58	6.3	10:08	1.2	11:32	0.9	6:13	8:18	
2	Fri	5:48	4.3	5:51	6.3	11:05	1.8			6:13	8:17	
3	Sat	7:19	4.1	6:48	6.3	12:46	0.7	12:11	2.3	6:14	8:16	
4	Sun	8:47	4.2	7:47	6.3	1:57	0.4	1:24	2.7	6:15	8:15	
5	Mon	9:57	4.5	8:43	6.3	2:59	0.2	2:32	2.8	6:16	8:14	
6	Tue	10:51	4.7	9:35	6.3	3:52	0.0	3:31	2.8	6:17	8:13	
7	Wed	11:36	4.9	10:23	6.2	4:37	-0.1	4:22	2.7	6:18	8:12	
8	Thu			12:14	5.0	5:16	-0.2	5:07	2.6	6:19	8:11	
9	Fri			12:47	5.0	5:51	-0.1	5:47	2.4	6:19	8:10	
10	Sat			1:16	5.1	6:23	0.0	6:25	2.3	6:20	8:09	
11	Sun	12:24	5.8	1:43	5.1	6:53	0.2	7:02	2.1	6:21	8:07	
12	Mon	1:01	5.6	2:09	5.2	7:22	0.4	7:39	2.0	6:22	8:06	
13	Tue	1:39	5.3	2:35	5.3	7:52	0.7	8:17	1.9	6:23	8:05	
14	Wed	2:20	5.0	3:04	5.4	8:22	1.1	8:59	1.8	6:24	8:04	
15	Thu	3:04	4.6	3:35	5.5	8:54	1.5	9:46	1.7	6:25	8:03	
16	Fri	3:57	4.3	4:12	5.5	9:30	1.9	10:42	1.6	6:25	8:01	
17	Sat	5:05	3.9	4:56	5.6	10:13	2.4	11:47	1.4	6:26	8:00	
18	Sun	6:31	3.8	5:48	5.7	11:09	2.8			6:27	7:59	
19	Mon	8:03	3.9	6:47	5.8	12:56	1.1	12:21	3.0	6:28	7:57	
20	Tue	9:15	4.1	7:48	6.0	2:01	0.7	1:34	3.0	6:29	7:56	
21	Wed	10:07	4.4	8:47	6.3	2:57	0.2	2:39	2.9	6:30	7:55	
22	Thu	10:50	4.8	9:44	6.5	3:46	-0.2	3:35	2.5	6:31	7:53	
23	Fri	11:28	5.1	10:39	6.7	4:32	-0.5	4:28	2.1	6:31	7:52	
24	Sat			12:06	5.4	5:15	-0.6	5:18	1.7	6:32	7:51	
25	Sun			12:44	5.7	5:58	-0.5	6:09	1.2	6:33	7:49	
26	Mon	12:27	6.5	1:22	6.0	6:40	-0.3	7:01	0.8	6:34	7:48	
27	Tue	1:21	6.2	2:01	6.3	7:22	0.2	7:55	0.6	6:35	7:46	
28	Wed	2:18	5.8	2:43	6.4	8:06	0.7	8:52	0.5	6:36	7:45	
29	Thu	3:19	5.3	3:28	6.4	8:52	1.3	9:53	0.5	6:37	7:43	
30	Fri	4:27	4.8	4:17	6.3	9:44	1.9	11:01	0.5	6:37	7:42	
31	Sat	5:45	4.5	5:12	6.1	10:47	2.5			6:38	7:40	