

Alcatraz Island, CA - Sep 1957

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:12	4.4	6:15	5.9	12:13	0.5	12:02	2.8	6:39	7:39	
2	Mon	8:32	4.5	7:21	5.8	1:26	0.5	1:21	2.9	6:40	7:38	
3	Tue	9:34	4.7	8:24	5.8	2:30	0.4	2:30	2.8	6:41	7:36	
4	Wed	10:22	4.9	9:20	5.8	3:23	0.3	3:26	2.6	6:42	7:35	
5	Thu	11:01	5.0	10:09	5.8	4:08	0.3	4:13	2.3	6:43	7:33	
6	Fri	11:33	5.1	10:53	5.7	4:46	0.3	4:54	2.1	6:43	7:32	
7	Sat			12:01	5.2	5:19	0.4	5:31	1.8	6:44	7:30	
8	Sun			12:27	5.3	5:50	0.6	6:05	1.6	6:45	7:28	
9	Mon	12:13	5.5	12:51	5.4	6:18	0.8	6:38	1.4	6:46	7:27	
10	Tue	12:52	5.3	1:16	5.5	6:47	1.1	7:11	1.2	6:47	7:25	
11	Wed	1:31	5.1	1:42	5.5	7:15	1.4	7:46	1.1	6:48	7:24	
12	Thu	2:13	4.9	2:11	5.6	7:46	1.7	8:24	1.0	6:48	7:22	
13	Fri	2:59	4.6	2:43	5.6	8:19	2.1	9:07	0.9	6:49	7:21	
14	Sat	3:53	4.3	3:22	5.6	8:56	2.5	9:59	0.9	6:50	7:19	
15	Sun	4:59	4.1	4:08	5.5	9:43	2.8	11:00	0.9	6:51	7:18	
16	Mon	6:19	4.1	5:06	5.5	10:47	3.1			6:52	7:16	
17	Tue	7:38	4.2	6:13	5.5	12:09	0.7	12:08	3.1	6:53	7:15	
18	Wed	8:40	4.4	7:23	5.7	1:18	0.5	1:26	2.9	6:54	7:13	
19	Thu	9:28	4.8	8:30	5.8	2:19	0.2	2:31	2.5	6:54	7:11	
20	Fri	10:09	5.1	9:33	6.0	3:12	0.0	3:27	1.9	6:55	7:10	
21	Sat	10:47	5.5	10:32	6.1	3:59	0.0	4:18	1.3	6:56	7:08	
22	Sun	11:24	5.9	11:28	6.1	4:44	0.0	5:08	0.7	6:57	7:07	
23	Mon			12:02	6.2	5:27	0.3	5:57	0.2	6:58	7:05	
24	Tue	12:24	6.0	12:40	6.4	6:10	0.6	6:46	-0.1	6:59	7:04	
25	Wed	1:20	5.8	1:20	6.5	6:53	1.1	7:37	-0.3	7:00	7:02	
26	Thu	2:18	5.5	2:02	6.5	7:39	1.6	8:29	-0.3	7:00	7:00	
27	Fri	3:18	5.2	2:47	6.3	8:28	2.1	9:25	-0.1	7:01	6:59	
28	Sat	4:23	4.9	3:37	6.0	9:24	2.5	10:27	0.1	7:02	6:57	
29	Sun	4:36	4.7	3:34	5.7	9:33	2.8	10:34	0.4	6:03	5:56	
30	Mon	5:52	4.6	4:39	5.4	10:54	3.0	11:43	0.5	6:04	5:54	