

Alcatraz Island, CA - Nov 1957

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:48	5.1	7:32	4.4	12:47	1.0	1:50	1.9	6:35	5:11	
2	Sat	8:21	5.3	8:33	4.4	1:35	1.2	2:35	1.4	6:36	5:10	
3	Sun	8:50	5.5	9:26	4.5	2:16	1.4	3:14	1.0	6:37	5:09	
4	Mon	9:18	5.6	10:14	4.6	2:54	1.7	3:49	0.6	6:38	5:08	
5	Tue	9:46	5.8	10:59	4.7	3:29	1.9	4:22	0.3	6:39	5:07	
6	Wed	10:15	5.9	11:43	4.7	4:03	2.1	4:54	0.0	6:40	5:06	
7	Thu	10:46	6.0			4:37	2.4	5:27	-0.3	6:41	5:05	
8	Fri	12:27	4.7	11:18 AM	6.1	5:12	2.6	6:02	-0.4	6:42	5:04	
9	Sat	1:11	4.7	11:54 AM	6.1	5:50	2.7	6:40	-0.5	6:43	5:03	
10	Sun	1:57	4.7	12:33	6.0	6:31	2.9	7:22	-0.5	6:44	5:02	
11	Mon	2:46	4.7	1:18	5.8	7:19	3.0	8:09	-0.4	6:45	5:01	
12	Tue	3:39	4.7	2:09	5.5	8:18	3.0	9:01	-0.3	6:46	5:00	
13	Wed	4:33	4.8	3:12	5.2	9:30	3.0	9:58	0.0	6:48	5:00	
14	Thu	5:26	5.0	4:27	4.8	10:53	2.7	10:58	0.3	6:49	4:59	
15	Fri	6:17	5.3	5:50	4.6			12:10	2.1	6:50	4:58	
16	Sat	7:04	5.6	7:12	4.6			1:15	1.4	6:51	4:57	
17	Sun	7:47	6.0	8:27	4.6	12:57	1.0	2:11	0.6	6:52	4:57	
18	Mon	8:30	6.4	9:34	4.8	1:51	1.3	3:02	-0.1	6:53	4:56	
19	Tue	9:11	6.7	10:34	5.0	2:42	1.6	3:50	-0.6	6:54	4:55	
20	Wed	9:52	6.8	11:30	5.1	3:31	1.9	4:36	-1.0	6:55	4:55	
21	Thu	10:34	6.8			4:19	2.2	5:20	-1.2	6:56	4:54	
22	Fri	12:23	5.1	11:16 AM	6.7	5:08	2.5	6:05	-1.2	6:57	4:54	
23	Sat	1:13	5.1	11:59 AM	6.5	5:57	2.7	6:49	-1.0	6:58	4:53	
24	Sun	2:03	5.1	12:43	6.1	6:49	2.8	7:33	-0.7	6:59	4:53	
25	Mon	2:52	5.0	1:28	5.7	7:45	2.9	8:18	-0.4	7:00	4:52	
26	Tue	3:42	5.0	2:17	5.2	8:47	2.9	9:05	0.1	7:01	4:52	
27	Wed	4:31	4.9	3:13	4.7	9:58	2.9	9:55	0.5	7:02	4:52	
28	Thu	5:19	5.0	4:18	4.2	11:12	2.6	10:48	0.9	7:03	4:51	
29	Fri	6:03	5.1	5:35	3.9			12:20	2.2	7:04	4:51	
30	Sat	6:43	5.2	6:57	3.8			1:18	1.8	7:05	4:51	