

Alcatraz Island, CA - Mar 1958

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:27	5.7	9:31	4.5	1:27	2.7	2:26	-0.1	6:41	6:02	
2	Sun	8:25	5.9	10:08	4.9	2:23	2.4	3:11	-0.4	6:39	6:03	
3	Mon	9:20	6.1	10:44	5.2	3:13	2.0	3:54	-0.6	6:38	6:04	
4	Tue	10:13	6.2	11:20	5.5	4:02	1.4	4:35	-0.6	6:37	6:05	
5	Wed	11:06	6.2	11:57	5.8	4:50	0.9	5:16	-0.4	6:35	6:06	
6	Thu	11:59	6.0			5:38	0.5	5:58	-0.1	6:34	6:07	
7	Fri	12:35	6.1	12:54	5.7	6:29	0.2	6:41	0.4	6:32	6:08	
8	Sat	1:15	6.2	1:51	5.3	7:21	0.0	7:25	0.9	6:31	6:09	
9	Sun	1:58	6.2	2:55	4.8	8:18	-0.1	8:14	1.5	6:29	6:10	
10	Mon	2:45	6.1	4:07	4.4	9:20	0.0	9:12	2.1	6:28	6:11	
11	Tue	3:38	5.9	5:30	4.2	10:30	0.1	10:25	2.5	6:26	6:12	
12	Wed	4:40	5.6	6:55	4.3	11:45	0.2	11:49	2.6	6:25	6:13	
13	Thu	5:49	5.4	8:04	4.5			12:56	0.2	6:23	6:14	
14	Fri	6:59	5.3	8:58	4.7	1:07	2.5	1:56	0.1	6:22	6:15	
15	Sat	8:02	5.3	9:41	4.9	2:10	2.3	2:46	0.1	6:20	6:16	
16	Sun	8:57	5.3	10:16	5.0	3:02	1.9	3:28	0.2	6:19	6:17	
17	Mon	9:45	5.3	10:47	5.1	3:46	1.6	4:05	0.3	6:17	6:18	
18	Tue	10:28	5.2	11:14	5.2	4:25	1.4	4:37	0.4	6:16	6:19	
19	Wed	11:09	5.1	11:38	5.2	5:00	1.1	5:08	0.6	6:14	6:20	
20	Thu	11:48	5.0			5:33	0.9	5:37	0.9	6:13	6:21	
21	Fri	12:03	5.3	12:27	4.8	6:05	0.7	6:06	1.2	6:11	6:22	
22	Sat	12:28	5.4	1:07	4.6	6:38	0.6	6:36	1.5	6:10	6:23	
23	Sun	12:55	5.4	1:50	4.4	7:13	0.5	7:08	1.8	6:08	6:23	
24	Mon	1:26	5.4	2:39	4.2	7:52	0.5	7:43	2.2	6:07	6:24	
25	Tue	2:01	5.3	3:36	4.0	8:37	0.5	8:25	2.5	6:05	6:25	
26	Wed	2:43	5.2	4:47	3.8	9:30	0.5	9:21	2.8	6:04	6:26	
27	Thu	3:34	5.1	6:04	3.9	10:33	0.5	10:38	2.9	6:02	6:27	
28	Fri	4:38	5.0	7:12	4.1	11:41	0.4			6:01	6:28	
29	Sat	5:49	5.0	8:04	4.4	12:01	2.8	12:46	0.2	5:59	6:29	
30	Sun	7:01	5.1	8:46	4.8	1:11	2.4	1:42	0.0	5:58	6:30	
31	Mon	8:07	5.3	9:24	5.1	2:08	1.8	2:32	-0.1	5:56	6:31	