

Alcatraz Island, CA - Aug 1959

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:39	4.5	10:15	6.1	4:39	0.2	4:16	2.8	6:12	8:19	
2	Sun			12:13	4.7	5:14	0.0	4:57	2.7	6:13	8:18	
3	Mon			12:46	4.9	5:47	-0.2	5:36	2.6	6:14	8:17	
4	Tue			1:18	5.0	6:20	-0.3	6:15	2.4	6:15	8:16	
5	Wed	12:18	6.2	1:50	5.2	6:52	-0.3	6:55	2.2	6:16	8:15	
6	Thu	1:00	6.0	2:23	5.4	7:27	-0.2	7:39	2.0	6:16	8:14	
7	Fri	1:44	5.8	2:58	5.5	8:03	0.0	8:27	1.8	6:17	8:13	
8	Sat	2:33	5.4	3:35	5.7	8:41	0.4	9:21	1.6	6:18	8:11	
9	Sun	3:29	5.0	4:17	5.9	9:24	0.9	10:23	1.4	6:19	8:10	
10	Mon	4:36	4.5	5:04	6.0	10:12	1.5	11:33	1.1	6:20	8:09	
11	Tue	5:58	4.2	5:57	6.1	11:10	2.0			6:21	8:08	
12	Wed	7:29	4.1	6:56	6.3	12:47	0.8	12:18	2.4	6:22	8:07	
13	Thu	8:52	4.3	7:58	6.4	1:57	0.4	1:31	2.6	6:22	8:06	
14	Fri	9:59	4.6	8:58	6.6	2:59	0.0	2:40	2.6	6:23	8:04	
15	Sat	10:53	4.9	9:54	6.7	3:54	-0.3	3:42	2.5	6:24	8:03	
16	Sun	11:39	5.2	10:47	6.7	4:42	-0.5	4:37	2.2	6:25	8:02	
17	Mon			12:20	5.4	5:27	-0.6	5:27	2.0	6:26	8:01	
18	Tue			12:59	5.5	6:09	-0.5	6:16	1.8	6:27	7:59	
19	Wed	12:25	6.3	1:36	5.6	6:48	-0.2	7:03	1.7	6:28	7:58	
20	Thu	1:12	6.0	2:12	5.6	7:27	0.1	7:49	1.6	6:28	7:57	
21	Fri	1:58	5.6	2:46	5.6	8:04	0.5	8:36	1.5	6:29	7:55	
22	Sat	2:46	5.2	3:21	5.6	8:42	1.0	9:25	1.5	6:30	7:54	
23	Sun	3:37	4.7	3:57	5.5	9:23	1.6	10:19	1.5	6:31	7:53	
24	Mon	4:37	4.3	4:37	5.4	10:07	2.1	11:21	1.5	6:32	7:51	
25	Tue	5:50	4.0	5:24	5.4	11:01	2.5			6:33	7:50	
26	Wed	7:18	3.9	6:17	5.4	12:28	1.4	12:08	2.8	6:34	7:48	
27	Thu	8:39	4.1	7:14	5.4	1:34	1.2	1:19	3.0	6:34	7:47	
28	Fri	9:38	4.3	8:11	5.5	2:31	1.0	2:21	2.9	6:35	7:46	
29	Sat	10:21	4.5	9:03	5.7	3:20	0.7	3:12	2.8	6:36	7:44	
30	Sun	10:57	4.7	9:51	5.9	4:01	0.4	3:56	2.6	6:37	7:43	
31	Mon	11:29	4.9	10:36	6.0	4:37	0.2	4:36	2.3	6:38	7:41	