

Alcatraz Island, CA - Nov 1959

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:16	6.7			4:56	1.6	5:46	-1.0	6:34	5:11	
2	Mon	12:41	5.3	11:59 AM	6.7	5:42	2.0	6:35	-1.1	6:35	5:10	
3	Tue	1:37	5.3	12:46	6.6	6:32	2.3	7:27	-1.1	6:36	5:09	
4	Wed	2:36	5.2	1:37	6.3	7:29	2.5	8:22	-0.8	6:37	5:08	
5	Thu	3:38	5.1	2:35	5.9	8:35	2.7	9:22	-0.5	6:38	5:07	
6	Fri	4:42	5.1	3:41	5.5	9:56	2.7	10:27	-0.1	6:40	5:06	
7	Sat	5:46	5.2	4:56	5.0	11:21	2.5	11:32	0.3	6:41	5:05	
8	Sun	6:44	5.4	6:15	4.8			12:37	2.1	6:42	5:04	
9	Mon	7:35	5.6	7:30	4.7	12:34	0.6	1:41	1.6	6:43	5:03	
10	Tue	8:18	5.8	8:37	4.7	1:29	0.9	2:34	1.1	6:44	5:02	
11	Wed	8:56	5.9	9:36	4.7	2:17	1.2	3:19	0.6	6:45	5:02	
12	Thu	9:30	6.0	10:28	4.8	3:00	1.5	3:59	0.3	6:46	5:01	
13	Fri	10:01	6.0	11:15	4.8	3:40	1.8	4:36	0.1	6:47	5:00	
14	Sat	10:30	6.0			4:18	2.1	5:09	-0.1	6:48	4:59	
15	Sun	12:00	4.8	10:59 AM	5.9	4:54	2.3	5:42	-0.2	6:49	4:58	
16	Mon	12:42	4.8	11:29 AM	5.9	5:30	2.6	6:14	-0.2	6:50	4:58	
17	Tue	1:23	4.7	12:00	5.8	6:07	2.8	6:48	-0.2	6:51	4:57	
18	Wed	2:04	4.7	12:34	5.6	6:45	3.0	7:23	-0.1	6:52	4:56	
19	Thu	2:47	4.6	1:12	5.4	7:28	3.1	8:03	0.0	6:53	4:56	
20	Fri	3:32	4.6	1:55	5.1	8:19	3.2	8:46	0.2	6:54	4:55	
21	Sat	4:21	4.6	2:47	4.8	9:23	3.1	9:35	0.4	6:56	4:55	
22	Sun	5:10	4.7	3:49	4.5	10:38	3.0	10:29	0.6	6:57	4:54	
23	Mon	5:57	4.9	5:04	4.3	11:50	2.6	11:26	0.8	6:58	4:54	
24	Tue	6:41	5.2	6:24	4.2			12:50	2.0	6:59	4:53	
25	Wed	7:21	5.6	7:40	4.3	12:22	1.1	1:42	1.3	7:00	4:53	
26	Thu	8:01	5.9	8:49	4.5	1:15	1.3	2:29	0.6	7:01	4:52	
27	Fri	8:41	6.3	9:51	4.8	2:06	1.5	3:14	-0.1	7:02	4:52	
28	Sat	9:21	6.7	10:48	5.0	2:55	1.7	4:00	-0.7	7:03	4:52	
29	Sun	10:04	6.9	11:43	5.2	3:43	2.0	4:46	-1.2	7:04	4:51	
30	Mon	10:49	7.0			4:33	2.1	5:33	-1.5	7:05	4:51	