

Alcatraz Island, CA - Jan 1960

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:02	5.5	1:04	6.3	7:06	2.3	7:42	-1.0	7:25	5:00	
2	Sat	2:49	5.6	1:58	5.7	8:07	2.3	8:30	-0.4	7:25	5:01	
3	Sun	3:37	5.6	2:57	5.1	9:15	2.2	9:19	0.2	7:25	5:02	
4	Mon	4:25	5.6	4:04	4.5	10:28	2.0	10:11	0.8	7:25	5:03	
5	Tue	5:15	5.6	5:24	4.0	11:42	1.8	11:08	1.4	7:25	5:04	
6	Wed	6:04	5.7	6:53	3.9			12:51	1.4	7:25	5:05	
7	Thu	6:51	5.8	8:15	3.9	12:08	1.9	1:50	1.0	7:25	5:06	
8	Fri	7:35	5.8	9:21	4.2	1:06	2.2	2:40	0.6	7:25	5:06	
9	Sat	8:16	5.9	10:14	4.4	2:01	2.5	3:22	0.2	7:25	5:07	
10	Sun	8:55	6.0	10:57	4.5	2:49	2.7	3:59	0.0	7:25	5:08	
11	Mon	9:32	6.1	11:35	4.7	3:33	2.8	4:33	-0.2	7:25	5:09	
12	Tue	10:08	6.1			4:13	2.8	5:05	-0.3	7:25	5:10	
13	Wed	12:09	4.8	10:44 AM	6.1	4:50	2.8	5:36	-0.4	7:24	5:11	
14	Thu	12:41	4.8	11:21 AM	6.0	5:27	2.7	6:07	-0.4	7:24	5:12	
15	Fri	1:13	4.9	11:57 AM	5.9	6:04	2.7	6:38	-0.4	7:24	5:13	
16	Sat	1:45	5.0	12:36	5.7	6:43	2.6	7:11	-0.3	7:23	5:14	
17	Sun	2:18	5.1	1:17	5.4	7:26	2.5	7:46	0.0	7:23	5:15	
18	Mon	2:53	5.2	2:04	5.0	8:15	2.3	8:25	0.3	7:23	5:16	
19	Tue	3:32	5.3	3:00	4.6	9:13	2.1	9:09	0.8	7:22	5:17	
20	Wed	4:14	5.5	4:14	4.1	10:21	1.8	10:00	1.3	7:22	5:19	
21	Thu	5:02	5.7	5:45	3.9	11:33	1.4	10:59	1.8	7:21	5:20	
22	Fri	5:54	5.9	7:20	3.9			12:44	0.8	7:21	5:21	
23	Sat	6:48	6.2	8:40	4.2	12:07	2.2	1:46	0.2	7:20	5:22	
24	Sun	7:44	6.5	9:43	4.6	1:15	2.4	2:42	-0.4	7:20	5:23	
25	Mon	8:38	6.7	10:35	4.9	2:19	2.5	3:33	-0.9	7:19	5:24	
26	Tue	9:31	6.9	11:22	5.2	3:17	2.4	4:21	-1.2	7:18	5:25	
27	Wed	10:23	6.9			4:12	2.2	5:07	-1.3	7:18	5:26	
28	Thu	12:06	5.4	11:13 AM	6.8	5:05	2.1	5:51	-1.2	7:17	5:27	
29	Fri	12:48	5.6	12:03	6.5	5:57	1.9	6:34	-0.9	7:16	5:28	
30	Sat	1:29	5.6	12:52	6.1	6:49	1.8	7:16	-0.5	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	2:09	5.7	1:43	5.5	7:43	1.7	7:58	0.0	7:15	5:31	