

Alcatraz Island, CA - Mar 1960

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:00	5.6	2:23	4.7	8:05	0.9	8:05	1.2	6:40	6:03	
2	Wed	2:36	5.5	3:21	4.3	8:56	1.0	8:49	1.8	6:39	6:04	
3	Thu	3:15	5.3	4:31	3.9	9:54	1.0	9:41	2.3	6:37	6:05	
4	Fri	4:00	5.2	5:57	3.8	11:00	1.1	10:48	2.7	6:36	6:06	
5	Sat	4:53	5.0	7:25	3.9			12:09	1.0	6:34	6:07	
6	Sun	5:53	5.0	8:29	4.1	12:05	2.8	1:13	0.8	6:33	6:08	
7	Mon	6:54	5.1	9:14	4.3	1:14	2.8	2:06	0.6	6:32	6:09	
8	Tue	7:51	5.2	9:49	4.5	2:09	2.6	2:50	0.4	6:30	6:10	
9	Wed	8:41	5.3	10:20	4.7	2:55	2.4	3:28	0.2	6:29	6:11	
10	Thu	9:27	5.5	10:49	4.9	3:34	2.1	4:02	0.0	6:27	6:12	
11	Fri	10:11	5.6	11:18	5.1	4:11	1.8	4:34	0.0	6:26	6:13	
12	Sat	10:54	5.6	11:47	5.3	4:47	1.4	5:07	0.1	6:24	6:14	
13	Sun	11:38	5.5			5:24	1.1	5:40	0.2	6:23	6:15	
14	Mon	12:18	5.5	12:23	5.4	6:03	0.7	6:15	0.5	6:21	6:16	
15	Tue	12:50	5.7	1:12	5.1	6:45	0.5	6:52	0.9	6:20	6:17	
16	Wed	1:25	5.8	2:06	4.8	7:32	0.2	7:33	1.3	6:18	6:17	
17	Thu	2:05	5.8	3:09	4.5	8:25	0.1	8:21	1.8	6:17	6:18	
18	Fri	2:51	5.8	4:23	4.2	9:26	0.1	9:19	2.3	6:15	6:19	
19	Sat	3:45	5.7	5:47	4.2	10:35	0.1	10:34	2.6	6:14	6:20	
20	Sun	4:51	5.6	7:08	4.3	11:50	0.0			6:12	6:21	
21	Mon	6:03	5.5	8:12	4.6	12:00	2.6	1:00	-0.1	6:10	6:22	
22	Tue	7:15	5.5	9:03	4.9	1:18	2.4	2:01	-0.2	6:09	6:23	
23	Wed	8:21	5.6	9:47	5.2	2:21	2.0	2:53	-0.3	6:07	6:24	
24	Thu	9:20	5.7	10:26	5.5	3:15	1.5	3:39	-0.3	6:06	6:25	
25	Fri	10:13	5.6	11:02	5.6	4:04	1.1	4:21	-0.1	6:04	6:26	
26	Sat	11:03	5.5	11:36	5.7	4:49	0.7	5:00	0.2	6:03	6:27	
27	Sun	11:52	5.3			5:31	0.4	5:38	0.5	6:01	6:28	
28	Mon	12:08	5.7	12:39	5.1	6:12	0.3	6:15	1.0	6:00	6:29	
29	Tue	12:39	5.6	1:26	4.8	6:52	0.2	6:53	1.4	5:58	6:29	
30	Wed	1:10	5.5	2:15	4.5	7:33	0.2	7:32	1.8	5:57	6:30	
31	Thu	1:43	5.4	3:08	4.3	8:16	0.3	8:15	2.3	5:55	6:31	