

Alcatraz Island, CA - May 1960

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:15	4.9	5:46	4.2	10:12	0.1	10:43	3.0	6:13	8:00	
2	Mon	4:05	4.6	6:44	4.2	11:04	0.3			6:12	8:01	
3	Tue	5:06	4.4	7:36	4.4	12:00	2.9	12:02	0.5	6:10	8:02	
4	Wed	6:16	4.2	8:20	4.6	1:12	2.6	1:00	0.6	6:09	8:02	
5	Thu	7:29	4.1	8:58	4.9	2:10	2.2	1:53	0.6	6:08	8:03	
6	Fri	8:38	4.2	9:33	5.2	2:58	1.7	2:41	0.7	6:07	8:04	
7	Sat	9:41	4.4	10:07	5.5	3:41	1.1	3:25	0.8	6:06	8:05	
8	Sun	10:39	4.6	10:41	5.8	4:21	0.5	4:08	1.0	6:05	8:06	
9	Mon	11:34	4.7	11:17	6.1	5:02	-0.1	4:51	1.2	6:04	8:07	
10	Tue			12:28	4.9	5:44	-0.7	5:34	1.5	6:03	8:08	
11	Wed			1:22	4.9	6:28	-1.1	6:20	1.8	6:02	8:09	
12	Thu	12:37	6.4	2:17	5.0	7:14	-1.4	7:08	2.1	6:01	8:10	
13	Fri	1:21	6.4	3:13	4.9	8:03	-1.5	8:01	2.3	6:00	8:11	
14	Sat	2:10	6.2	4:11	4.9	8:56	-1.3	9:02	2.5	6:00	8:11	
15	Sun	3:04	5.9	5:11	4.9	9:51	-1.1	10:15	2.5	5:59	8:12	
16	Mon	4:04	5.5	6:12	5.0	10:51	-0.7	11:38	2.4	5:58	8:13	
17	Tue	5:14	5.0	7:11	5.2	11:54	-0.3			5:57	8:14	
18	Wed	6:31	4.6	8:05	5.4	12:59	2.1	12:56	0.1	5:56	8:15	
19	Thu	7:51	4.4	8:52	5.6	2:10	1.5	1:54	0.5	5:56	8:16	
20	Fri	9:06	4.3	9:34	5.8	3:09	1.0	2:47	0.8	5:55	8:16	
21	Sat	10:12	4.3	10:11	5.9	4:00	0.5	3:35	1.2	5:54	8:17	
22	Sun	11:10	4.4	10:45	5.9	4:44	0.1	4:19	1.5	5:53	8:18	
23	Mon			12:02	4.5	5:24	-0.2	5:00	1.8	5:53	8:19	
24	Tue			12:50	4.5	6:01	-0.4	5:40	2.1	5:52	8:20	
25	Wed			1:35	4.5	6:35	-0.5	6:19	2.4	5:52	8:20	
26	Thu	12:19	5.8	2:17	4.5	7:09	-0.5	6:57	2.6	5:51	8:21	
27	Fri	12:51	5.7	2:59	4.5	7:42	-0.5	7:37	2.8	5:51	8:22	
28	Sat	1:25	5.5	3:40	4.5	8:17	-0.5	8:20	2.9	5:50	8:23	
29	Sun	2:01	5.3	4:22	4.5	8:55	-0.3	9:09	3.0	5:50	8:23	
30	Mon	2:42	5.0	5:06	4.5	9:35	-0.2	10:07	3.0	5:49	8:24	
31	Tue	3:28	4.7	5:51	4.6	10:19	0.1	11:14	2.8	5:49	8:25	