

Alcatraz Island, CA - Aug 1960

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:38	3.9	7:15	6.1	1:07	1.1	12:32	2.3	6:13	8:18	
2	Tue	9:03	4.1	8:11	6.4	2:12	0.5	1:39	2.5	6:14	8:17	
3	Wed	10:10	4.5	9:07	6.7	3:10	-0.1	2:45	2.6	6:14	8:16	
4	Thu	11:05	4.8	10:02	6.9	4:03	-0.5	3:45	2.5	6:15	8:15	
5	Fri	11:53	5.1	10:56	7.0	4:53	-0.9	4:41	2.3	6:16	8:14	
6	Sat			12:38	5.4	5:40	-1.0	5:35	2.1	6:17	8:13	
7	Sun			1:21	5.6	6:26	-1.0	6:29	1.9	6:18	8:12	
8	Mon	12:40	6.8	2:03	5.7	7:10	-0.8	7:22	1.7	6:19	8:11	
9	Tue	1:32	6.4	2:44	5.8	7:54	-0.4	8:17	1.6	6:20	8:09	
10	Wed	2:25	5.9	3:26	5.9	8:38	0.1	9:15	1.5	6:20	8:08	
11	Thu	3:21	5.3	4:08	5.8	9:23	0.7	10:17	1.5	6:21	8:07	
12	Fri	4:23	4.8	4:54	5.8	10:11	1.3	11:24	1.4	6:22	8:06	
13	Sat	5:36	4.3	5:42	5.7	11:06	1.9			6:23	8:05	
14	Sun	7:02	4.1	6:34	5.7	12:34	1.3	12:09	2.4	6:24	8:03	
15	Mon	8:29	4.1	7:28	5.7	1:41	1.1	1:16	2.7	6:25	8:02	
16	Tue	9:38	4.3	8:20	5.7	2:41	0.8	2:20	2.8	6:26	8:01	
17	Wed	10:31	4.5	9:09	5.8	3:31	0.6	3:14	2.8	6:27	8:00	
18	Thu	11:12	4.7	9:54	5.9	4:14	0.4	4:01	2.7	6:27	7:58	
19	Fri	11:47	4.8	10:36	6.0	4:51	0.3	4:42	2.6	6:28	7:57	
20	Sat			12:17	4.9	5:25	0.2	5:19	2.4	6:29	7:56	
21	Sun			12:46	5.0	5:56	0.1	5:55	2.3	6:30	7:54	
22	Mon			1:14	5.1	6:26	0.1	6:30	2.1	6:31	7:53	
23	Tue	12:33	5.8	1:43	5.3	6:56	0.2	7:06	1.9	6:32	7:52	
24	Wed	1:13	5.7	2:13	5.4	7:27	0.4	7:46	1.7	6:33	7:50	
25	Thu	1:56	5.4	2:45	5.5	8:00	0.7	8:29	1.5	6:33	7:49	
26	Fri	2:43	5.1	3:21	5.6	8:36	1.1	9:19	1.3	6:34	7:47	
27	Sat	3:38	4.7	4:01	5.7	9:17	1.5	10:17	1.2	6:35	7:46	
28	Sun	4:45	4.4	4:48	5.8	10:05	2.0	11:24	1.0	6:36	7:44	
29	Mon	6:08	4.2	5:44	5.9	11:06	2.5			6:37	7:43	
30	Tue	7:37	4.2	6:47	6.0	12:36	0.7	12:20	2.7	6:38	7:42	
31	Wed	8:54	4.5	7:52	6.2	1:46	0.3	1:37	2.8	6:39	7:40	