

Alcatraz Island, CA - Jan 1961

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:08	4.8	10:44 AM	6.1	4:48	2.8	5:36	-0.5	7:25	5:01	
2	Mon	12:44	4.8	11:14 AM	6.0	5:24	2.9	6:06	-0.4	7:25	5:02	
3	Tue	1:20	4.8	11:50 AM	5.9	6:06	2.9	6:42	-0.4	7:25	5:03	
4	Wed	1:56	4.8	12:26	5.7	6:42	2.9	7:12	-0.2	7:25	5:04	
5	Thu	2:26	4.9	1:02	5.4	7:24	2.9	7:48	0.0	7:25	5:04	
6	Fri	3:02	4.9	1:44	5.0	8:12	2.8	8:24	0.2	7:25	5:05	
7	Sat	3:38	5.0	2:32	4.6	9:00	2.7	9:00	0.6	7:25	5:06	
8	Sun	4:20	5.1	3:32	4.2	10:06	2.5	9:48	1.0	7:25	5:07	
9	Mon	5:02	5.2	4:44	3.9	11:18	2.1	10:36	1.5	7:25	5:08	
10	Tue	5:44	5.5	6:20	3.7			12:24	1.6	7:25	5:09	
11	Wed	6:32	5.7	7:50	3.9			1:18	1.0	7:25	5:10	
12	Thu	7:20	6.1	9:02	4.2	12:36	2.2	2:12	0.3	7:24	5:11	
13	Fri	8:08	6.4	10:02	4.5	1:36	2.4	3:00	-0.4	7:24	5:12	
14	Sat	8:56	6.7	10:56	4.9	2:36	2.5	3:48	-0.9	7:24	5:13	
15	Sun	9:44	7.0	11:38	5.1	3:30	2.5	4:36	-1.3	7:23	5:14	
16	Mon	10:32	7.1			4:24	2.4	5:24	-1.5	7:23	5:15	
17	Tue	12:26	5.3	11:26 AM	7.0	5:18	2.3	6:06	-1.5	7:23	5:16	
18	Wed	1:08	5.5	12:14	6.8	6:12	2.1	6:54	-1.3	7:22	5:17	
19	Thu	1:56	5.6	1:08	6.3	7:06	2.0	7:42	-0.9	7:22	5:18	
20	Fri	2:38	5.7	2:08	5.7	8:06	1.9	8:30	-0.3	7:21	5:19	
21	Sat	3:26	5.8	3:08	5.1	9:12	1.7	9:18	0.4	7:21	5:20	
22	Sun	4:14	5.8	4:20	4.4	10:30	1.6	10:12	1.1	7:20	5:22	
23	Mon	5:02	5.8	5:50	4.0	11:42	1.3	11:12	1.7	7:20	5:23	
24	Tue	5:56	5.9	7:20	4.0			12:54	0.9	7:19	5:24	
25	Wed	6:50	5.9	8:38	4.2	12:18	2.2	1:54	0.6	7:18	5:25	
26	Thu	7:38	5.9	9:38	4.4	1:18	2.5	2:48	0.3	7:18	5:26	
27	Fri	8:26	6.0	10:32	4.6	2:18	2.7	3:30	0.0	7:17	5:27	
28	Sat	9:08	6.0	11:08	4.8	3:12	2.7	4:12	-0.2	7:16	5:28	
29	Sun	9:50	6.0	11:44	4.8	3:54	2.7	4:42	-0.3	7:16	5:29	
30	Mon	10:26	6.0			4:30	2.6	5:18	-0.3	7:15	5:30	

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		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	12:14	4.9	11:02 AM	5.9	5:12	2.6	5:48	-0.3	7:14	5:32	