

Alcatraz Island, CA - Jan 1962

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:23	5.7	8:45	3.9	12:39	2.1	2:17	0.9	7:25	5:01	
2	Tue	8:02	6.0	9:46	4.2	1:32	2.4	2:59	0.3	7:25	5:02	
3	Wed	8:42	6.2	10:37	4.5	2:21	2.6	3:38	-0.3	7:25	5:02	
4	Thu	9:23	6.5	11:24	4.8	3:08	2.7	4:18	-0.7	7:25	5:03	
5	Fri	10:06	6.7			3:55	2.8	5:00	-1.1	7:25	5:04	
6	Sat	12:09	5.0	10:50 AM	6.8	4:42	2.7	5:42	-1.4	7:25	5:05	
7	Sun	12:53	5.1	11:37 AM	6.8	5:30	2.7	6:26	-1.4	7:25	5:06	
8	Mon	1:36	5.3	12:26	6.6	6:22	2.6	7:11	-1.3	7:25	5:07	
9	Tue	2:20	5.4	1:18	6.2	7:18	2.5	7:57	-1.0	7:25	5:08	
10	Wed	3:05	5.5	2:16	5.7	8:20	2.3	8:46	-0.4	7:25	5:09	
11	Thu	3:53	5.6	3:21	5.1	9:31	2.1	9:38	0.2	7:25	5:10	
12	Fri	4:42	5.8	4:39	4.5	10:50	1.7	10:34	0.8	7:24	5:11	
13	Sat	5:33	5.9	6:09	4.1			12:08	1.3	7:24	5:12	
14	Sun	6:26	6.1	7:40	4.1			1:18	0.7	7:24	5:13	
15	Mon	7:17	6.3	8:58	4.3	12:39	2.0	2:18	0.2	7:24	5:14	
16	Tue	8:06	6.4	10:01	4.6	1:41	2.3	3:09	-0.2	7:23	5:15	
17	Wed	8:52	6.4	10:53	4.8	2:38	2.6	3:54	-0.4	7:23	5:16	
18	Thu	9:35	6.4	11:38	4.9	3:30	2.7	4:35	-0.6	7:22	5:17	
19	Fri	10:15	6.3			4:17	2.7	5:12	-0.6	7:22	5:18	
20	Sat	12:18	5.0	10:54 AM	6.2	5:00	2.7	5:46	-0.6	7:22	5:19	
21	Sun	12:54	5.0	11:31 AM	6.0	5:41	2.7	6:19	-0.5	7:21	5:20	
22	Mon	1:27	5.0	12:07	5.8	6:20	2.7	6:51	-0.3	7:20	5:21	
23	Tue	1:58	5.0	12:44	5.5	7:00	2.6	7:23	0.0	7:20	5:22	
24	Wed	2:29	5.0	1:23	5.2	7:42	2.5	7:56	0.3	7:19	5:23	
25	Thu	3:00	5.0	2:05	4.7	8:28	2.4	8:30	0.7	7:19	5:25	
26	Fri	3:34	5.0	2:55	4.3	9:22	2.3	9:08	1.2	7:18	5:26	
27	Sat	4:11	5.1	3:59	3.9	10:25	2.1	9:51	1.6	7:17	5:27	
28	Sun	4:53	5.2	5:26	3.6	11:33	1.8	10:44	2.1	7:17	5:28	
29	Mon	5:39	5.4	7:05	3.6			12:38	1.3	7:16	5:29	
30	Tue	6:28	5.6	8:29	3.9			1:35	0.8	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	7:19	5.9	9:30	4.2	12:54	2.8	2:25	0.2	7:14	5:31	