

Alcatraz Island, CA - Mar 1962

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:41	5.6	9:05	4.3	12:30	2.9	1:48	0.0	6:41	6:02	
2	Fri	7:43	5.9	9:50	4.7	1:39	2.8	2:41	-0.4	6:39	6:03	
3	Sat	8:41	6.2	10:30	5.0	2:37	2.5	3:29	-0.8	6:38	6:04	
4	Sun	9:36	6.4	11:08	5.3	3:29	2.1	4:14	-1.0	6:37	6:05	
5	Mon	10:30	6.5	11:46	5.5	4:18	1.6	4:58	-1.0	6:35	6:06	
6	Tue	11:23	6.4			5:08	1.2	5:41	-0.8	6:34	6:07	
7	Wed	12:24	5.8	12:17	6.2	5:58	0.8	6:24	-0.4	6:32	6:08	
8	Thu	1:02	5.9	1:12	5.8	6:50	0.5	7:07	0.2	6:31	6:09	
9	Fri	1:42	6.0	2:11	5.2	7:45	0.3	7:52	0.8	6:29	6:10	
10	Sat	2:24	6.0	3:16	4.7	8:43	0.3	8:42	1.5	6:28	6:11	
11	Sun	3:10	5.9	4:33	4.3	9:48	0.3	9:41	2.1	6:26	6:12	
12	Mon	4:02	5.7	6:01	4.2	11:00	0.4	10:55	2.6	6:25	6:13	
13	Tue	5:02	5.5	7:27	4.3			12:14	0.3	6:23	6:14	
14	Wed	6:08	5.3	8:33	4.5	12:16	2.7	1:22	0.2	6:22	6:15	
15	Thu	7:14	5.3	9:24	4.7	1:28	2.7	2:19	0.1	6:20	6:16	
16	Fri	8:13	5.3	10:04	4.9	2:27	2.5	3:06	0.1	6:19	6:17	
17	Sat	9:03	5.3	10:37	5.0	3:15	2.2	3:45	0.1	6:17	6:18	
18	Sun	9:48	5.3	11:06	5.0	3:56	1.9	4:20	0.1	6:16	6:19	
19	Mon	10:29	5.3	11:32	5.0	4:33	1.7	4:51	0.2	6:14	6:20	
20	Tue	11:08	5.2	11:56	5.1	5:06	1.4	5:19	0.4	6:13	6:21	
21	Wed	11:46	5.1			5:39	1.2	5:47	0.6	6:11	6:22	
22	Thu	12:20	5.2	12:25	4.9	6:11	1.0	6:15	0.9	6:10	6:23	
23	Fri	12:45	5.2	1:05	4.7	6:44	0.8	6:44	1.3	6:08	6:24	
24	Sat	1:12	5.3	1:50	4.5	7:21	0.7	7:16	1.6	6:07	6:24	
25	Sun	1:42	5.3	2:41	4.2	8:02	0.6	7:52	2.1	6:05	6:25	
26	Mon	2:16	5.3	3:44	4.0	8:50	0.5	8:35	2.5	6:04	6:26	
27	Tue	2:58	5.2	5:03	3.9	9:47	0.4	9:34	2.8	6:02	6:27	
28	Wed	3:52	5.1	6:28	3.9	10:54	0.3	10:55	3.0	6:01	6:28	
29	Thu	4:58	5.1	7:38	4.2			12:05	0.1	5:59	6:29	
30	Fri	6:11	5.2	8:30	4.5	12:20	2.9	1:10	-0.1	5:57	6:30	
31	Sat	7:22	5.4	9:13	4.9	1:30	2.5	2:07	-0.4	5:56	6:31	